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CHILDREN / YOUTH		
Organization	Description	Contact Information
A Precious Child	Offers holistic family services aimed at guiding and supporting children and families as they work to achieve self-sufficiency. Provides a cost-free store for eligible families stocked with items such as clothing, food, home goods, toys, books, diapers and baby essentials. Clients may then allocate their limited resources toward housing, utilities, transportation and healthcare. The "Cradle to Career" Initiatives include Family Stability with Precious Essentials and Basics for Babies providing basic essentials such as clothing, coats, shoes, household goods, basic hygiene, diapers, wipes and baby gear to families in need. Serves Douglas County. See web site for info.	A Precious Child 7051 W. 118th Ave. Broomfield, CO 80020 Ph: 303-466-4272 Hours: M-F, 9 AM – 5 PM https://apreciouschild.org/
Children's Immunizations – STRIDE CHC - Parker	Douglas County Health Department is partnering with STRIDE Community Health Center to provide all commonly recognized child and adult vaccines and boosters, including flu and COVID-19 vaccines. Public and private insurance plans are accepted, and a sliding fee scale is available for individuals without insurance. Please let the scheduler know that you were referred by Douglas County Health Department. Website has interactive CO map to search for free or low-cost vaccines.	Douglas County Health Dept. STRIDE CHC - Parker 17866 Cottonwood Dr. Parker, CO 80134 Phone: 303-7STRIDE (303-778-7433) Email: CH@douglas.co.us https://cdphe.colorado.gov www.douglas.co.us/health-department
Colorado PEAK	The fast and easy way to access benefits information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and childcare assistance programs (CCAP). Visit website at: www.douglas.co.us/government/departments/humanservices Open: M-F; 8 AM – 5 PM.	Colorado PEAK Phone: 303-688-4825 Fax: 877-285-8988 4400 Castleton Ct. Castle Rock, CO 80109 www.douglas.co.us/government/depart ments/humanservices

CHILDREN / YOUTH continued		
Organization	Description	Contact Information
Colorado Preschool Program	A state funded tuition assistance grant providing funding for families who may not be able to enroll their children in a quality preschool. CPP allows eligible children to attend high-quality preschool for free. Douglas County family contact: Megan Olson, email: mmolson@dcsdk12.org Open: M-F; 8 AM – 5 PM	Douglas County School District Colorado Preschool Program 620 Wilcox Street Castle Rock, CO 80104 Phone: 720-433-1174 www.cde.state.co.us/cpp/familyinfo
Douglas County Youth & Family Resource Guide	An extensive list of the resources available is available online. Open: M-F, 8 AM – 5 PM.	Douglas County Human Services 4400 Castleton Court Castle Rock, C0 80109 Phone: 303-688-4825 www.douglas.co.us
Englewood Movement 5280	Faith-based nonprofit assisting at-risk youth and young adults with basic needs such as a safe place to rest, food, clothing, shower and hygiene, IDs/birth certificates/SS cards. Personal navigators help clients identify personal goals and dreams.  Offers weekly Christian church service, bible studies and Christ-centered recovery program for those who are interested.	Englewood Movement 5280 3485 S. Broadway Englewood, CO 80112 Phone: 720-248-7075 www.movement5280.org
Juvenile Assessment Center - JAC	Providing no-cost screening and assessment to adolescents exhibiting concerning changes in behavior, truancy, possible drug abuse, or potential mental health issues. Call to schedule an appointment for assessment or receive assistance over the phone. Leave a message, if necessary.	The Family Resource Pavilion 9700 East Easter Lane Centennial, CO 80112 Phone: 720-213-1320 www.jac18.org
Liaisons for Students Without a Permanent Home	Liaisons offer support to any student who lacks a fixed, adequate, or regular nighttime residence. Click on website, then select the Homeless Students/McKinney-Vento Services – Douglas option.	Douglas County School District 620 Wilcox Street Castle Rock, CO 80104 Homeless Liaison Phone: 303-387-0142 Email: homelessliaison@dcsdk12.org www.DCSDk12.org

CHILDREN / YOUTH continued		
Organization	Description	Contact Information
Love for Lily	Giving families the support they need to ease their journey through the Neonatal Intensive Care Unit (NICU) both at the hospital and beyond. Facilitated support groups teach coping skills and provide community. Essentials Bags are stuffed with items that can provide a little comfort and ease the burden of life in the NICU. Grants help insured families who spend four or more weeks in the NICU obtain therapies that support the wellbeing of their child(ren).	Love for Lily PO Box 18957 Boulder, CO 80308 Ph: 720-562-2556 https://www.loveforlily.org/
MotherWise	MotherWise's mission is to empower and support women, children and their families to thrive during pregnancy and after a baby is born. Core program includes 6 weeks of workshops plus one-on-one coaching for mothers. Serves Douglas County.	MotherWise 1330 Fox Street Denver, CO 80204 Ph: 720-504-4624 https://motherwisecolorado.org/
WeeCycle	WeeCycle's mission is to support families with infants and toddlers struggling to provide for their children. Essential Baby Gear is WeeCycle's original and primary program that provides free essential baby gear such as car seats, strollers, cribs, formula, diapers, safety gates and more to low-income families through a network of partner organizations.	WeeCycle 20 S. Havana St. Aurora, CO 80012 720-319-7792 https://weecycle.org

CHILDREN / YOU	JTH continued	
Organization	Description	Contact Information
WIC - Women Infants and Children	Provides nutrition counseling and vouchers for nutritious foods to income-eligible women who are pregnant or breastfeeding and for families with children to age 5.  Schedule an appointment via phone or email.  Submit an application via website. Two locations: Castle Rock and Lone Tree. Beginning February 2023, DCHD will have staff available 1st and 3rd Fridays, hours TBD, at Douglas County Human Services, 4400 Castleton Court, Castle Rock, CO 80109	WIC - Douglas County Health Dept. WIC Appointments: 720-643-2401 Email: WIC@douglas.co.us www.douglas.co.us WIC - Castle Rock 410 S. Wilcox Street Castle Rock, CO 80104 Hours: TTh, 8 AM - 4:30 PM WIC - Lone Tree 9350 Heritage Hills Circle Lone Tree, CO 80124 Hours: MW, 8 AM - 4:30 PM WIC - Elbert County Public Health 75 Ute Avenue Kiowa, CO 80117 Hours: 3rd Tuesdays, 9:30 AM - 3 PM
WrapAround Program Douglas County Youth Initiative	A support program for families with teens who are having family conflicts or problems dealing with troubled youth. Participation is voluntary and usually free of charge. Family inclusion and respect are cornerstones of the WrapAround Program. For more information, contact Marsha Alston, Youth Services Program Manager.	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Youth Services Program Manager: 303-688-4825, ext. 5327 Email: malston@douglas.co.us www. douglas.co.us

CLOTHING & MERCHANDISE		
Organization	Description	Contact Information
Clothes To Kids of Denver	Provides clothing for students (ages 3-21, in preschool through 12th grade/GED) in need of assistance, <i>including refugees</i> . Kids shop in a welcoming, store-like environment choosing a (new and donated) wardrobe at each of two visits per year. See website for qualifications and shopping information. <b>By appointment only. Call: 720-379-4630 &amp; follow prompts.</b> Hours: T-F, 9 AM – 5 PM.	Clothes To Kids of Denver 2890 S. Colorado Blvd. Unit M-3 Denver, CO 80222 Phone: 720-379-4630, ext. 2 www.clothestokidsdenver.org
Help & Hope Treasures	Whether you are looking for an amazing selection of books, CDs, DVDs, records, antiques, jewelry, toys, household goods, clothing, or seasonal items, we have it all! Treasures Thrift Store directly supports many programs that meet the needs of families and individuals in our community.  Thrift Store Hours: MTThF, 9 AM – Noon; Sa, 9 AM – 2 PM	Help & Hope Treasures 1638 Park St. Castle Rock, C0 80109 Phone: 303-688-1114 Email: treasures@helpandhopecenter.org www.treasuresstore.org
Freecycle Network	Grassroots, nonprofit movement of people who are giving (and getting) stuff for free in their own towns. Each local group is moderated by local volunteers. Membership is free.	Freecycle Network www.freecycle.org
Goodwill Thrift Store	Hours: M – Sa, 9 AM – 9 PM; Su, 9 AM – 7 PM. Offers senior, teacher and military discounts. Goodwill goes beyond the Thrift stores. The retail stores help fund career development programs for adults with barriers to employment, youth and individuals with disabilities. Programs are also available to support seniors and retired military as well as refugee youth. See Services listed on website for details.	Goodwill Store & Donation Center 11236 S. Pikes Peak Dr. Parker, CO 80138 Phone: 303-840-1004 www.goodwilldenver.org
Salvation Army Thrift Store	Hours: Daily, 10 AM – 6 PM.  ** Seniors, military, teachers and first responders receive a discount of 25% on Tuesdays.	Salvation Army Thrift Store 18349 Lincoln Meadows Pkwy Parker, CO 80134 Phone: 720-851-0202 www.salvationarmyusa.org

COLORADO DRIV	VER'S LICENSE / ID CARD	
Organization	Description	Contact Information
Colorado Driver's License and ID Card Colorado Legal Services - Colorado Collaborative ID Project Partner	Please visit web site to see locations, hours and requirements for obtaining either a Colorado Driver's License or ID Card. NOTE: appointment required for visit to State driver license office.  CLS Follows Federal Poverty Guidelines to determine financial eligibility. CLS can help with Family Law; consumer/debt problems; housing law; evictions; issues for senior; problems with SSA, Medicare, Medicaid & SSI, tax issues, civil problems, immigration issues on a case-by-case basis.  Denver's CLS office is open M-F, 8:30 AM- 5 PM. Call for appointment is preferred, but walk-ins are available.	Colorado Driver's License and ID Card Go to dmv.Colorado.gov and then choose Online Services or Driver/ID  Colorado Legal Services 1905 Sherman St., Suite 400 Denver, CO 80203 Phone: 303-837-1313 www.ColoradoLegalServices.org  Migrant Farm Worker Division Phone: 800-846-4330
Metro Caring - Colorado Collaborative ID Project Partner	Do you need an ID? A driver's license? A birth certificate? Metro Caring can provide you with a voucher for one of these documents, essential for employment, housing, healthcare, and more. For Colorado-state ID, driver's license and birth certificate requests, vouchers are available at Metro Caring during Fresh Foods Market Hours without an appointment:  Fresh Food Market Hours: MT, 9:30–11:30 AM & 12:30–3 PM & 6–7 PM; WTH, 9-11:30 AM & 12:30-3 PM.  * Closed <b>first</b> Thursday of the month.	www.coloradofarmworkers.org  Metro Caring P. O. Box 300459 1100 E. 18th Ave. Denver, CO 80218 Phone: 303-860-7200 www.metrocaring.org

COUNSELING		
Organization	Description	Contact Information
Alternatives	Provides free pregnancy tests, support, and counseling for	Alternatives Pregnancy Center
Pregnancy Center	Pregnancy Center women and men facing difficult decisions. All pregnancy options are explored including parenting, adoption and abortion. Also offers STD testing & treatment. All services are confidential and provided free of charge. Call 24-hour Helpline for additional information & locations. Englewood location hours: W&Th, 8:30 AM – 3 PM; Sa, 9 AM – Noon.	23 Inverness Way East, Suite 101B Englewood, CO 80112 24-hr. Helpline: 303-295-2288 www.youhavealternatives.org
AllHealth Network	A nonprofit healthcare that provides compassionate mental health and substances abuse services for all ages. Includes counseling, crisis services, psychiatry, rehab services, schoolbased counseling, services within and for the criminal justice system, substance abuse treatments, pharmacy services, and more. Accepts private insurance, Medicaid, Medicare and has alternative payment options. Locations in Castle Rock, Centennial, DTC, Englewood, Highlands Ranch, Littleton, and Parker. SAME-DAY INTAKE. See website for further information.	AllHealth Network Appointments & Info: 303-730-8858 Client 24-hr. Crisis Line: 303-730-3303 Colorado Crisis Services: 1-844-493-8255 OR Text TALK to 38255 www.allhealthnetwork.org  AllHealth Network - Parker Location 10350 Dransfeldt Road Parker, CO 80134 Phone: 303-730-8858  Crown Point Plaza 8935 Crown Crest Blvd. #130 Parker, CO 80138 Phone: 303-730-8858

COUNSELING con	ntinued	
Organization	Description	Contact Information
Divorce Care	Weekly support group seminars for those going through separation and divorce. Sessions begin at different times throughout the year at multiple locations in the metro area. Visit website and click on Find a Group for area locations and dates.	<b>Divorce Care</b> www.divorcecare.org Phone: 800-489-7778
Douglas County Christian Counseling	Douglas County Christian Counseling is a faith-based organization whose licensed professional counselors are trained to serve children, adolescents and adults. Their counselors use Cognitive Behavioral Therapy and other evidence-based therapeutic models to help families experiencing life challenges and recovering from the impact of trauma. Spanish speaking counselors available. Accepts Medicaid and insurance.	Douglas County Christian Counseling 9030 Miller Road Parker, CO 80138 Phone: 303-840-5139 www.douglascountychristiancounseling.org
FreedomChoice, LLC	Specializing in family-focused intervention/therapy, mental health wellness and behavioral health counseling, marriage, anxiety, depression, and stress challenges, teens and children counseling and PTSD treatment. Counselors help patients develop comprehensive, personalized health care programs, focused on assisting in the areas of PTSD and Suicide Prevention, Mental Health and Family Counseling for spouses and children. Accepts private insurance, Medicare and Medicaid. Visit web site to request appointment; callback guaranteed within 48-hrs.	FreedomChoice, LLC Phone: 720-213-5955 email: info@freedomchoicehealth.com www.freedomchoicehealth.com
Gateway Shelter for Battered Women & Children	Offers counseling & support services to victims of domestic violence, both physical and psychological, and to children who have witnessed domestic violence. Counseling is open to anyone and Gateway offers two emergency shelters. Sliding scale fee that accommodates anyone seeking help. If full, ask for referral. Court advocacy program. Gateway's Bailey Project helps shelter families and their pets for emergency and residential care. Serves Aurora and Arapahoe County.	Gateway Shelter for Battered Women & Children Crisis Line: 303-343-1851 Admin Phone: 303-343-1856 www.GatewayShelter.org

COUNSELING continued		
Organization	Description	Contact Information
GriefShare	Support groups offering a safe, welcoming place for those grieving the death of a loved one—whether you've experienced the loss of a spouse, parent, child (infant, young child, teen, adult, unborn), friend, sibling, coworker, or other relative. Christian-based program includes 13-week group session and workbook. Visit web site to search for a location. Fee for 13-week session ranges from \$0 - \$25; scholarships available.	GriefShare https://www.griefshare.org/
National Alliance on Mental Illness (NAMI)	This nationwide program provides support and information for individuals, families and educators who are dealing with mental illness. This local affiliate provides classes, support groups, speakers and resource information for locating insurance, housing, rehabilitation and jobs.	NAMI Arapahoe/Douglas Counties 155 Inverness Dr. West, Ste. 205 Englewood, CO 80112 Phone: 303-991-7688 Email: info@namicolorado.org www.namicolorado.org Colorado Crisis & Support Line: 1-844-493-8255 or Text "Talk" to 38255 National Suicide Prevention Lifeline: 1-800-273-8255 Veteran's Crisis Line 1-800-273-8255, press 1
Planned Parenthood of the Rocky Mountains, Inc.	Clinics offer family planning services, contraceptives, HIV/AIDS testing, STD testing and treatment, pregnancy testing, UTI treatment, breast and cervical cancer screening. Free annual exams are given to women over 40 who qualify. Serving men, women, teens and the LGBT community. Accepts nearly all health insurance plans; affordable options if no coverage. Services, days and hours vary by location; call or check website (search location by city or zip code).	Planned Parenthood of the Rocky Mountains, Inc. 131 W County Line Rd Littleton, CO 80129 Phone: 303-798-0963  1284 S. Abilene St. Aurora, CO 80012 Phone: 303-671-7526 or 800-230-7526 www.pprm.org

COUNSELING continued		
Organization	Description	Contact Information
Project Safeguard	Project Safeguard provides safety planning, legal advocacy and direct court support to victims of domestic violence, gender violence and abuse, ensuring their safety and survival. Visit website for additional information and resources for creating a Personal Safety Plan. For general information on services available at Project Safeguard and to be connected with an advocate, contact Legal Advocate at 720-618-3482 or info@psghelps.org. Leave a message and a SAFE phone number or SAFE email address. With the exception of weekends and holidays, advocates will respond as quickly as they can. Project Safeguard serves the Adams, Arapahoe, Broomfield, and Denver county courts. Available in-person at the times and locations listed on the website or via phone during business hours.	Project Safeguard Rose Andom Ctr. & Business Office 1330 Fox Street, Ste. 7A Denver, CO 80204 Phone: 720-337-4468 Helpline: 303-219-7049 Legal Advocacy Line: 720-626-8269 www.psghelps.org  Arapahoe County Justice Center 7325 South Potomac St., Rm. 209A Centennial 80112 Phone: 303-799-3977
		<b>Douglas County Crisis Center</b> 24-hr. Crisis Line: 303-688-8484 Toll Free Crisis Line: 888-247-7472
Stephen Ministry	Stephen Ministry is a program where trained lay volunteers offer confidential Christian support, a listening ear, and Christian caring, in a one-on-one relationship with those facing emotional and/or life changing hardships (divorce, death, illness, financial hardships, etc.). Hours: M-F, 9 AM – 4 PM.	Stephen Ministry Parker United Methodist Church 11805 S. Pine Dr. Parker, CO 80134 Phone: 303-841-3979 www.ParkerUMC.org

#### **CREDIT COUNSELING**

The licensing, reliability, etc., of a credit counseling agency can be checked on the Better Business Bureau's web site www.bbb.org. The site also has detailed information on how to select a good credit counseling agency. *AVOID CREDIT COUNSELORS WHO CHARGE A FEE UP FRONT.* 

Organization	Description	Contact Information
Cambridge Credit Counseling Corp.	Provides non-profit services for free debt analysis. Offers student loan counseling, foreclosure, bankruptcy and reverse mortgages for a small fee.	Cambridge Credit Counseling Corp. Phone: 1-800-235-1407 www.cambridge-credit.org
Christian Credit Counselors	Christian Credit Counselors is a non-profit Credit Counseling and Debt Management organization. Credit card debt management program helps people avoid bankruptcy, debt settlement scams and quick fixes that ruin credit.	Christian Credit Counselors Phone: 1-800-557-1985 www.christiancreditcounselors.org info@christiancreditcounselors.org
Colorado Collection Agency Information	One of the most common problems concerning debt collection is harassment by a collection agency. For information visit the Consumer Protection section of the Colorado Attorney General web site.	Colorado Collection Agency Info Office of the Attorney General Colorado Department of Law Consumer Protection Section, CAR Ralph L. Carr Colorado Judicial Center 1300 Broadway, 6th Floor Denver, CO 80203 Email: car@coag.gov Consumer Complaints: 720-508-6022 https://coag.gov
Consolidated Credit Counseling Services, Inc.	Consolidated Credit Counseling Services offers free debt and budget evaluation. Also, for a fee, helps consumers to lower monthly payments, reduce interest rates and late fees, avoid bankruptcy and rebuild credit through credit counseling, debt consolidation and financial education. Also offers housing counseling as a HUD certified agency. Available M-Th, 8:30 AM – 8 PM (EST); F, 9 AM – 5 PM (EST).	Consolidated Credit Counseling Services, Inc. Information: 1-855-753-5197 www.ConsolidatedCredit.org Email: Housing@consolidatedcredit.org Counselor@ConsolidatedCredit.org

#### **CREDIT COUNSELING continued**

The licensing, reliability, etc., of a credit counseling agency can be checked on the Better Business Bureau's web site www.bbb.org. The site also has detailed information on how to select a good credit counseling agency. *AVOID CREDIT COUNSELORS WHO CHARGE A FEE UP FRONT.* 

Organization	Description	Contact Information
Consumer Credit Counseling Services a.k.a. Money Management International	Provides professional financial guidance, credit counseling, student loan management, educational programs, debt management assistance, foreclosure & housing counseling assistance, bankruptcy counseling & education services to consumers via phone, Internet and in-person sessions. Most counseling is provided at no cost. Phone counseling available 24/7.	Money Management International 3190 S. Vaughn Way, Ste. 550 Aurora, CO 80014 24/7 Phone: 866-889-9347 www.moneymanagement.org
Credit Repair: Self Help May Be Best	A consumer education sheet published by the FTC. Provides information on credit repair scams, disputing credit mistakes, and how to find legitimate credit help. Order a free credit report at: 1-877-322-8228 or at www.annualcreditreport.com	<b>Federal Trade Commission</b> File a Complaint: www.consumer.ftc.gov
Fair Debt Collection	Requires that debt collectors treat you fairly. Both Colorado and the US Government have their own Fair Debt Collection Practices Act (FDCPA).	Fair Debt Collection Colorado Attorney General Consumer Complaints: 720-508-6022 Federal Trade Commission www.FTC.gov/bcp E-mail: car@coag.gov
In Charge Debt Solutions	A non-profit organization that provides no cost credit counseling, creating a budget, and for a fee offers debt management programs & alternatives to debt consolidation without a loan or bankruptcy.  Open M-F, 9 AM – 10 PM (EST); Saturdays 9 AM – 6 PM (EST)  New Client Credit Counseling: 1-877-906-5599  Existing Client Customer Service: 1-888-734-6229  Existing Clients Customer service hours M -F 8 am – 6 pm EST  Housing Counseling: 1-877-712-6040 (M-F, 9 AM–5 PM EST)  Bankruptcy Counseling: 1-866-729-0049 (M-F, 8 AM–5 PM EST)	In Charge Debt Solutions Main Phone: 1-866-370-2154 www.InCharge.org

CRISIS		
Organization	Description	Contact Information
	ntion Hotline: 988 or 1-800-273-8255. In Colorado call: 844-493-8 Text Line at 38255 OR Text HOME to 741741.	2255. Physical health crisis call: 911
Aurora Day Resource Center	Day shelter for underhoused. Cold weather activation shelter during certain times of the winter season. First come, first served.  Emergency cold weather shelter. Text WARMUP to 313131 for real time updates.  Housing assistance, employment services, financial literacy and other resources.  Provides computer lab, clothing, hygiene items, showers, laundry, mail, document retention, medication storage and sleeping bays.  Open daily, 7:30 AM to 4:30 PM, for breakfast and lunch.	Aurora Day Resource Center 13387 E. 19th Place Aurora, CO 303-343-7808 www.comitiscrisiscenter.org/aurora- day-resource-center
The Blue Bench - Sexual Assault Prevention and Support Center (formerly RAAP)	Walk-in Crisis Centers (Operated by All-Health Network) offers 24/7 in-person crisis care, regardless of ability to pay. Sexual assault advocacy, prevention and support. Serves all gender, ethnic/racial and sexual identities age 13+. Provides low to no-cost case management, court accompaniment, individual and group therapy and workshops. Locations:  All-Health Network, 6509 S. Santa Fe Dr., Littleton Anschutz Medical Campus, 2206 Victor St., Aurora Urgent Care Center, 791 Chambers Rd., Aurora	The Blue Bench 24 Hr. Hotline: 303-322-7273 Español: 303-329-0031 Program Info: 303-329-9922 Email: info@thebluebench.org www.thebluebench.org
Colorado Crisis Services	Behavioral health crisis response system offering residents mental health, substance abuse or emotional help information and referrals regardless of ability to pay. Call, text or walk-in.	Colorado Crisis Services Anschutz Medical Campus 2206 Victor Street Aurora, CO 80045 Ph: 844-493-8255 Text: TALK to 38255 https://coloradocrisisservices.org

CRISIS continued		
Organization	Description	Contact Information
Colorado Life Trak Program	Focus is on tracking devices for people with Alzheimer's disease, Down syndrome persons, Autism and other related disorders so they can be located by law enforcement when missing. Provides costs and information for ordering tamper-proof wristband transmitters to be worn by at-risk individuals.  The web site has an application questionnaire and provides costs and information regarding ordering the tamper-proof wristband transmitter to be worn by the at-risk individual.  Program fees can be waived in cases of financial hardship.	Colorado Life Trak Program  Douglas County Sheriff Community Resource Unit Emergency Crisis Line: 303-660-7500 OR call 911 Toll Free Phone: 800-654-2733 DC Community Outreach: 303-660-7544 www.dcsheriff.net/community/colorado- life-trak
COVA - Colorado Organization for Victim Assistance	Committed to fairness and healing for crime victims and their families, COVA helps heal and restore balance to their lives.  Offers education, counseling and a Crime Victim Emergency Fund Program. The fund can assist with expenses such as rent, utilities, moving expenses, short-term emergency shelter and transportation. Hours: M-F, 8 AM – 5 PM; Call ahead; not available for walk-ins.	COVA - Colorado Organization for Victim Assistance 1325 S. Colorado Blvd., Suite 508-B Denver, CO 80222 Phone: 303-861-1160 Email: info@coloradocrimevictims.org www.coloradocrimevictims.org
Crisis Text Line	Text conversations for people undergoing any painful emotion (from anxiety to suicidal thoughts) and needing support. The site connects callers – via text conversation – to a trained volunteer Crisis Counselor. Volunteer crisis counselors are not professionals and cannot provide medical advice. The goal is to bring the users to a calm, safe place through listening and collaborative problem solving.	Crisis Text Line Text HOME to 741741 to connect with a volunteer crisis counselor www.crisistextline.org Online chat: https://www.crisistextline.org
Domestic Violence Crisis Center & Outpatient Counseling	Serves Douglas, Elbert and Lincoln and Arapahoe Counties, focusing on advocacy, education and prevention of domestic violence. Provides emergency shelter, adult and child therapy, legal advocacy, school-based & community outreach and counseling services.	Domestic Violence Crisis Center & Outpatient Counseling P.O. Box 631302 Littleton, CO 80163 For Services Call 24 Hr. Crisis Line: 303-688-8484 Toll Free Phone: 888-247-7472 Office Phone: 303-688-1094 www.thecrisiscenter.org/get-help

CRISIS continued		
Organization	Description	Contact Information
Douglas County Crisis Center	Working to end domestic violence through advocacy, education and prevention. Provides emergency shelter, therapy for adults and children, legal advocacy, safety planning, referrals to community resources, education, outreach and prevention.	Douglas County Crisis Center 24-hr. crisis line: 303-688-8484 or 888- 247-7472 Administration: 303-688-1094 info@thecrisiscenter.org
Douglas County Human Services	Douglas County Human Services provides a range of programs, services and resources to assist individuals and families in need. Child abuse/neglect hotline: 303-663-6270 or 1-844-264-5437 Adult abuse: 303-663-6270 to report suspected mistreatment or self-neglect of an at-risk adult living in Douglas County.	Douglas County Human Services Administration: 303-688-4825, ext. 2460 https://www.douglas.co.us/human- services/assistance
H.E.A.R.T.	Homeless Engagement Assistance and Resource Team (HEART) is focused on helping people experiencing homelessness. HEART Navigators are subject matter experts who coordinate with law enforcement to proactively and directly interact with those experiencing homelessness in a compassionate way. They gather information on needs, assess vulnerability, provide wrap-around case management, and make referrals to appropriate community services. Call or use the online referral form.	H.E.A.R.T Phone: 303-660-7301 https://www.douglas.co.us/homeless-initiative/heart
Highlands Behavioral Health System	Inpatient and outpatient treatment services for all persons aged 11+ struggling with emotional, psychiatric and addictive behavioral health challenges. Free mental health assessment. Available 24/7.	Highlands Behavioral Health System 8565 S Poplar Way Littleton, CO 80130 Phone: 720-348-2800 https://highlandsbhs.com
National Alliance on Mental Illness (NAMI)	This nationwide program provides support and information for individuals, families and educators who are dealing with mental illness. This local affiliate provides classes, support groups, speakers and resource information for locating insurance, housing, rehabilitation and jobs.	National Alliance on Mental Illness 155 Inverness Dr. West, #205 Englewood, CO 80112 Phone: 303-991-7688 Email: info@namicolorado.org https://www.namiadco.org/about

CRISIS continued		
Organization	Description	Contact Information
National Domestic Violence Hotline	24-hour confidential service for abusers, survivors, victims and those affected by domestic violence – including friends and family.	National Domestic Violence Hotline National 24/7 Hotline Call: 800-799-7233 (SAFE) Violence Free Colorado: 303-831-9632 Text START to 88788 To chat life online: https://www.thehotline.org/get-help
Project Angel Heart	Project Angel Heart prepares and delivers 7 frozen meals per week to qualifying clients. Clients must have a current diagnosis of a severe illness such as cancer, HIV/AIDS, end stage renal disease, CHF, multiple sclerosis, high-risk pregnancy, dementia or other such illness. Meals are FREE and family members under 18 can also receive meals. Delivery to Parker, Elizabeth, and Franktown areas. See website for list of eligibility requirements, including doctor's written consent.	Project Angel Heart Denver office & kitchen 4950 Washington St. Denver, CO 80216 Phone: 303-830-0202 Apply Online at: www.projectangelheart.org/apply-now
Project Safeguard	Provides legal advocacy assistance with domestic violence, sexual assault and stalking. Hours: M-Th, 8 AM - 4:30 PM; F, 8 AM - Noon	Project Safeguard 1330 Fox Street, Ste. A, Denver, CO 80204 Phone: 720-337-4468 Legal Advocacy Line: 720-618-3482 www.psghelps.org
Safe2Tell Colorado	Designed to help report and prevent violence and help people who are struggling. Anonymous hotline lets students, teachers, parents and others provide information about situations that make them/their child/student feel unsafe at school or in the community. Mobile app on App Store: Safe2Tell CO	Safe2Tell Colorado Report line: 877-542-7233 (SAFE) Text TALK to 38255 Office: 720-508-6800 https://www.safe2tell.org
Signal Behavioral Health Network	Signal supports behavioral services in Colorado, including crisis services for youth and families. Crisis Services for the Denver metro region via community-based mobile response and a network of walk-in centers, crisis stabilization units and crisis respite care. Provides information on referrals for low cost or free treatment programs (both inpatient and outpatient) for low-income individuals dealing with alcohol or drug abuse.	Signal Behavioral Health Network 6130 Greenwood Plaza Blvd. Greenwood Village, CO 80111 Main Phone: 303-639-9320 Crisis help call 844-493-8255 or text TALK to 38255 www.SignalBHN.org

CRISIS continued		
Organization	Description	Contact Information
Suicide Prevention Crisis Lines	Crisis help lines for people with suicidal thoughts. These lines also provide an informational and support resource for family members and friends.	Suicide Prevention Crisis Lines 24-hr. national suicide prevention hotline: Call 988 and press 1 Call 911 immediately if someone states they are going to kill themselves
		Suicide Prevention Coalition of CO Colorado Crisis Services Toll-Free Phone: 844-493-8255 In Colorado: 800-273-8255 Text "talk" to 38255  National Suicide Prevention Lifeline Phone: 800-273-8255 (TALK)
Urban Peak	Focus is on full services for youth, ages 15-24, experiencing homelessness. Provides emergency and temporary housing; physical, mental and behavioral health care; education and employment; and 24/7 crisis support. Call for more information about emergency housing and wait lists for transitional housing options.	Urban Peak - Denver 2100 Stout Street Denver, CO 80205 Main Line: 303-974-2900 Shelter Direct: 303-974-2908 Drop-in Center Direct: 303-974-2928 TTY/TDD: 800-659-2656 www.urbanpeak.org Peak Thrift: 303-974-2928  The Place - Colorado Springs https://theplacecos.org
Veterans Crisis Line	Free confidential support 24/7/365 for Veterans, service members, National Guard and Reserve members in crisis, and those that support them. You do not need to be enrolled in VA benefits or health care to receive assistance. Connect with a real person qualified to support Veterans via phone, text or chat.	Veterans Crisis Line Call: 988 then press 1 Text: 838255 Chat online at: https://www.veteranscrisisline.net

DISABILITY INFORMATION		
Organization	Description	Contact Information
Aftersight (previously Audio Information Network of Colorado)	Providing news and information in audio format for Coloradans who are blind, have low vision, or need alternatives to print.  Access hundreds of audio publications as podcasts and streams accessible via computer, phone or Amazon Echo. Sign up for 100+ free recorded newspapers and magazines, personalized services and equipment via their web site. All services and equipment, if needed, are provided free of charge.	Aftersight 1700 55th St., Suite A Boulder, CO 80301 Phone: 303-786-7777 Email: contact@aftersight.org https://aftersight.org
Atlantis Community, Inc.	Providing services for people with disabilities to establish their independence with community support. Atlantis assists the individual in fulfilling whatever goals <i>they</i> outline for <i>themselves</i> . Provides services to individuals with disabilities based on advocacy, peer support, information and referral to resources for independent living and transition services.	Atlantis Community, Inc. 201 W. Cherokee St., Unit 100 Denver CO 80223 Phone: 303-733-9324 Toll Free: 877.262.6525 TDD: 720-386-1633 www.atlantiscommunity.org
Cathi's Table	A 100% volunteer-based agency that provides financial resources to disabled and special needs individuals for job training or to cover gaps in education or unreimbursed qualified medical expenses. Examples may include vocational scholarships, life skills class registration fees, assistive technology and medical gap coverage. Funds will be paid directly to the fulfillment organization, not the recipient.	Cathi's Table https://cathistable.org/ Email: CathisTable@gmail.com Phone: 720-768-8010
Colorado Cross- Disability Coalition	CCDC advocates for disability rights and social justice for people with all types of disabilities, working to ensure that people with disabilities have equal rights and equal access. The organization is run by people with disabilities.	Colorado Cross-Disability Coalition 655 N. Broadway, Ste 775 Denver, CO 80203 Phone: 303-839-1775 Email: info@ccdconline.org www.ccdconline.org
Colorado Medical Exemption Program - CMEP	The Colorado Medical Exemption Program (CMEP) provides lower electric rates to Xcel Energy customers who use lifesupport equipment in their households, or have medical conditions that require high power use to keep cool during the summer. <b>Apply by May 1 for summer cost savings.</b>	Colorado Medical Exemption Program Chronic Care Collaborative–Energy Prog. Phone: 303-993-5056 Fax: 303-955-7538 www.chroniccarecollaborative.org/cmep

DISABILITY INFORMATION continued		
Organization	Description	Contact Information
Developmental Pathways	Provides free services to persons with developmental disabilities and their families living in the city of Aurora plus Douglas, Arapahoe and Elbert counties. Connects people with funding and approved service providers for therapy, residential living, employment, transportation, training, education, etc. Continuum Colorado provides Day Program and Home Health services. There are waitlists for multiple programs. Hours: M-Th, 8 AM – 5:30 PM	Developmental Pathways 14280 E. Jewell Ave. Aurora CO 80112 Phone: 303-360-6600 info@dpcolo.org https://www.dpcolo.org
Praying Hands Ranch Therapeutic Center	A non-profit committed to meeting the needs of handicapped children, adults, troubled youth and disabled veterans in a ranch environment therapeutic center. \$60 per lesson. Sessions are eight (8) weeks. Hours: M-Sa, 9 AM – 5:30 PM	Praying Hands Ranch 11892 E. Hilltop Rd. Parker, CO 80138 Office: 303-841-4043 Email: Info@PrayingHandsRanch.org www.PrayingHandsRanch.org
Project Angel Heart	Prepares and delivers 7 frozen meals per week to qualifying clients. Clients must have a current diagnosis of a severe illness such as cancer, HIV/AIDS, end stage renal disease, CHF, multiple sclerosis, high-risk pregnancy, dementia or other such illness. Meals are FREE and family members under 18 can also receive meals. Delivery to Parker, Elizabeth, and Franktown areas. See website for a complete list of eligibility requirements. Application requires a doctor's consent.	Project Angel Heart Denver office & kitchen 4950 Washington St. Denver, CO 80216 Phone: 303-830-0202  Apply Online at: www.projectangelheart.org/apply-now
Social Security - Disability Benefits	Social Security Disability Income (SSDI) and Supplemental Security Income (SSI) pays benefits to seniors and/or people with disabilities. Call or go online for requirements, instructions and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability

<b>EMPLOYMENT</b>		
Organization	Description	Contact Information
AARP	The web site has helpful information for seniors (50+) looking for employment. Click on the topic "WORK AND JOBS" to find helpful job search information and web sites.	AARP Colorado 303 E 17th Ave, # 510 Denver, CO 80203 Phone: 866-554-5376 https://states.aarp.org/colorado
Arapahoe/Douglas Works!	Offers detailed information about available services, resources, current workshops, & hosts job fairs. One-on-one employment counseling and training assistance. Provides extensive list of job searching web sites & a link to file for Colorado Unemployment Insurance. You must register with A/D Works before using any of their services or resources. Registration completed online at: www.ConnectingColorado.com  Free services for job seekers - Free use of computers, copiers, fax machines; skills assessment; workshops. By appointment only.  COVID UPDATE: Offering in-person and virtual job fairs and career workshops during Covid. See website for info.	Arapahoe/Douglas Works! Centennial Workforce Center 6974 S. Lima St. Centennial, CO 80112 Phone: 303-636-1160 Hours: T-F, 8 AM-4:30 PM; closed 12-1 PM  Aurora Workforce Center Altura Plaza Bldg. 15400 E. 14th Place; Ground Level Aurora CO 80011 Phone: 303-636-1160 Hours: M-Th, 8 AM – 4:30 PM  Castle Rock Workforce Center on the ACC Sturm Campus 4500 Limelight Ave. Castle Rock CO 80109 Phone: 303-636-1160 Hours: M-Th, 8 AM – 4:30 PM  www.adworks.org

EMPLOYMENT C	EMPLOYMENT continued		
Organization	Description	Contact Information	
Arapahoe Libraries JobNow	Meet with a career services librarian to achieve your professional goals and learn more about resume and cover letter support, targeted job search help, career change advice and interview practice. Online skill building, job search and career development provided via live remote career, resume and interview coaching at JobNow. Log in for full access with any Arapahoe County library card.	Arapahoe Libraries 12855 E. Adam Aircraft Circle Englewood, CO 80112 Phone: 303-542-7279 www.arapahoelibaries.org/job-help	
CareerBuilder	An internet site where you can post resumes, find jobs and job recommendations, job alerts, use job search tools, seek advice and resources. You can also search for jobs by business type, job category, location, and distance from your home.	CareerBuilder www.CareerBuilder.com	
Colorado Division of Vocational Rehabilitation	Helps find employment for people who have physical, hearing and visual impairment, mental or emotional disabilities that present a barrier to finding employment. DVR provides on-going support after job placement. This is a state and federally funded program; eligible persons must have a desire to work. Hours: M-F, 8 AM – 5 PM.	Colorado Division of Vocational Rehab 633 17th St., #500 Denver, CO 80202 Phone: 303-671-4160 Email: CDLE_voc.rehab@state.co.us https://dvr.colorado.gov	
Douglas County Human Resources	Douglas County, Colorado employment positions are listed on this web site. When applying for a job, one must create an account using the online application. M-F, 8 AM – 5 PM.	Douglas County Human Services 100 Third St. Castle Rock, C0 80104 Phone: 303-660-7427 Fax: 877-288-0401 TTY: 303-663-7400 Job Hotline: 303-660-7420 Email: HR@douglas.co.us www.douglas.co.us/human-resources	

EMPLOYMENT continued		
Organization	Description	Contact Information
Emily Griffith Tech College	Emily Griffith Technical College partners with 19 Joint Apprenticeship Training Centers and other registered apprenticeship partners to provide high-quality training by industry professionals in Metro Denver. The College offers a wide array of scholarships to help students pay for their education with the goal of graduating students debt-free so they can start their career without a crushing debt load.	Emily Griffith Tech College College of Trades & Industry 1205 Osage Street Denver, CO 80204 Phone: 720-423-4700 www.emilygriffith.edu
Job Corps	Located in Collbran, CO, Job Corps is a FREE residential and job training program for economically challenged youth ages 16-24. You can complete online training for the first 60-days maximum, before moving to the campus in Collbran. Housing at the dormitory is included.	Job Corps 57608 Highway 330 Collbran CO 81624-9500 Phone: 877-763-0580 https://collbran.jobcorps.gov/
The Master's Apprentice	The Master's Apprentice is a faith-based, tuition-FREE program offering young adults age 18+, with a high school diploma, a bridge to a career in the skilled trades: plumbing/pipefitting, electrical, masonry, HVAC/sheet metal tech and carpentry.	The Master's Apprentice 646 Mariposa St., #104 Denver, CO 80204 Phone: 303-842-5847 www.themastersapprentice.org
School to Work Alliance Program (SWAP)	Offers employment assistance services to individuals, ages 15-24 who are current or prior students suffering barriers to employment (dyslexia, depression, migraines, physical disabilities, ADHD/ADD, etc.). Helps those either unemployed or underemployed with vocational counseling, training and guidance. Call for more info.	Douglas County School District 2842 Front St. Castle Rock, CO Phone: 720-537-9318 (coordinator) https://cde.state.co.us/cdesped/ta_swap
Unemployment Insurance	The UI Program provides temporary and partial wage replacement to workers who have become unemployed through no fault of their own. You must register at a Workforce Center before filing for unemployment benefits. It is best to file for your UI benefits online. There can be a very long wait for telephone inquiries. M-F, 7:30 AM-5 PM.	Colorado Unemployment Insurance 251 E 12th Avenue Denver CO 80203 Phone: 303-318-9000 Toll Free: 800-318-9016 https://cdle.colorado.gov/ unemployment

FOOD & LIMITED FINANCIAL ASSISTANCE		
Organization	Description	Contact Information
Aurora Interfaith Community Services	Assistance with food, school supplies, bus tickets employment and human service assistance, and limited funding for electrical and water bills. NO Housing or rental assistance.  Serves AURORA RESIDENTS ONLY. Appointments are M-Th from 9:30 AM – 12:30 PM. Call after 8:30 AM to make a same day appointment. Office Hrs: MTWTh + last Fri of each month 8:30 AM – 1:30 PM; last Saturday of the month, 10 AM – 1 PM.	Aurora Interfaith Community Services 1553 Clinton St. Aurora, CO 80010 Phone: 303-360-0260 www.aurorainterfaithcommunityservices .org
Break Bread	Free meals at the community center every Saturday from 4 – 6 PM. To-go meals and supply bags Wednesday 4 – 5 PM.	Littleton United Methodist Church 5894 S. Datura St. Littleton, CO 80120 Phone: 303-794-6379 www.break-bread.org
Castle Rock Senior Center - Meals on Wheels Program	Frozen meal delivery (a Volunteers of America program) for residents of Douglas County who are 60+ and no longer driving. No income restrictions but a voluntary contribution of \$2.50/meal is suggested. Five low-fat, low-sodium frozen meals delivered on Tuesdays. Call to apply. Hours: M-F, 8:30 AM – 4 PM.	Castle Rock Senior Center 2323 Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 www.castlerockseniorcenter.org/special-services
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and early childhood assistance programs. Apply online via eligibility form.	Colorado PEAK 4440 Castleton Ct. Castle Rock, CO 80109 https://coloradopeak.force.com Toll Free Phone: 1-800-536-5298 DCDHS Phone: 303-688-4825
COVA - Colorado Organization for Victim Assistance	Committed to fairness and healing for crime victims and their families, COVA helps heal and restore balance to their lives. Offers education, counseling and a Crime Victim Emergency Fund Program. The fund can assist with expenses such as rent, utilities, moving expenses, short-term emergency shelter and transportation. Hours: M-F, 8 AM – 5 PM; Call ahead; not available for walk-ins.	COVA - Colorado Organization for Victim Assistance 1325 S. Colorado Blvd., Suite 508-B Denver, CO 80222 Phone: 303-861-1160 www.coloradocrimevictims.org

FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
ECCO Community Resource Center (Elbert County Coalition for Outreach)	Offer a large thrift store with clothing and household items (sometimes furniture) priced to sell. They offer limited financial aid and client services. They are not a food bank. Some funding available for victims of domestic violence through the VALE Grant (Victims Assistance Law Enforcement). Hours: T – F, 11 AM – 5 PM; Sat. 11 AM – 4 PM.	ECCO Community Resource Ctr. & Thrift Store Lions Hall Building 336 Comanche St Kiowa, CO 80117 Phone: 303-621-2599 www.eccoinkiowa.com
Dads of Elbert County	Strives to help their neighbors in Elbert County with trade skills, labor, donated food, sundry items or the occasional fundraiser.	Dads of Elbert County Phone: 720-500-3043 Email: dadsofelbertcounty@gmail.com https://dadsofelbertcounty.com
Faith Lutheran Church Drive-Up Food Pantry	Providing families in need with a week's worth of groceries. To guarantee your groceries, please sign up by filling out the form at: https://faithcrco.org/announcement/drive-by-food-pantry Otherwise, groceries will be on a first-come, first-served basis. Hours: Saturdays from 10 AM – 12 PM.	Faith Lutheran Church Drive-Up Food Pantry 303 N Ridge Rd. Castle Rock, CO 80104 Church Phone: 303-688-3476 www.faithcrco.org
The Free Market at Elevation Christian Church	The Free Market at Elevation provides food and help for residents in need. Visit web site for more information. Open the first and third Saturdays of each month, 9 AM – 1 PM. Please utilize the drive thru pick-up.	The Free Market at Elevation Elevation Christian Church 15600 E. Alameda Pkwy. Aurora, CO 80017 Phone: 720-281-9735 www.elevationcc.com/thefreemarket
Elizabeth Food Bank	Elizabeth area persons who lack the resources to feed themselves and/or their families can receive food on Fridays from 12:30 – 3 PM and Saturdays from 9 – 11:30 AM. Come to the back door for service.	Elizabeth Food Bank Elizabeth Presbyterian Church 381 South Banner St. Elizabeth, CO 80107 Church Office: 303-646-4825 www.elizabethpc.org

FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Food Bank at Grace Chapel	Donation-based food bank for those in need. Dedicated to providing household items that clients cannot purchase with Food Stamps such as diapers, aluminum foil, paper products and hygiene products. Hours: 1st & 3rd Sun., 11 AM-12:30 PM; 1st & 3rd Tues., 5-7:30 PM.	Grace Chapel 8505 S. Valley Hwy. Englewood, CO 80112 www.Gracechapel.org
Food Stamps (SNAP)	This program helps low-income households in Colorado purchase food. It provides a monthly benefit based on income, resources, and the number of individuals in the household. Electronic Benefit Transfer (EBT) cards are used to access the benefit. To apply online, create an account at: https://peakcoloradopeak.force.com/peak/s/peak-landing-page?language=en_US Hours: M-F, 8 AM – 5 PM.	Food Stamps (SNAP)  Douglas County Human Services  4400 Castleton Court  Castle Rock, CO 80109  Phone: 303-688-4825  www.douglas.co.us/human- services/assistance/food-assistance/ www.benefitsapplication.com/state/CO
Help & Hope Center Treasures on Park Street Thrift Store	Offers food, limited financial assistance for rent, utilities, emergency medical needs, and temporary emergency lodging for residents of Douglas and Elbert Counties. Call or visit the website to make an appointment. Hours: M-F, 8:30 AM – 12 PM. Walk-in clients are accepted. Arrive as early as possible.  The Thrift Store offers clothing, household items, furniture, etc. Hours: M-F, 9 AM - 5 PM; Sa, 9 AM - 4 PM.	Help & Hope Center 1638 Park St. Castle Rock, CO 80109 Phone: 303-688-1114 www.helpandhopecenter.org  Treasures on Park Street Thrift Store 1638 Park St. Castle Rock, CO 80109 Phone: 303-688-6129 https://treasurestore.org
Helping Hands of Harvest Food Bank	A food bank for residents of Elbert and Douglas counties. There are two programs: The Emergency Food Assistance Program – for families, and Commodity Supplemental Food Program – for persons 60+. Call for more information.  Hours: MWF, 9 AM- 11 AM.	Harvest Bible Church 826 South Elbert St Elizabeth, CO 80107 Phone: 303-646-369 www.harvestelizabeth.com/food-bank

FOOD & LIMITE	FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information	
Integrated Family Community Services	Services include food bank, clothing bank, transportation assistance and utility assistance. Please call or visit web site for full list of services. Serving Arapahoe County (except Aurora), northern Douglas County and unincorporated parts of Arapahoe County (Centennial, Englewood, Glendale, Highlands Ranch, Littleton, Lone Tree and Sheridan). MThF, 8:30 – 11:30 AM & 1 – 2:30 PM; Wednesdays, 8:30 – 11:30 AM only.	Integrated Family Community Services 3370 S. Irving St. Englewood, CO 80110 Phone: 303-789-0501 www.ifcs.org Email: ifcs@ifcs.org	
KCCC Food Pantry	The Food Pantry provides food and necessary supplies for the needy in the Kiowa and Elbert County area. Call for additional information.  Pantry Hours: M, 9 AM - 1 PM; T, 3 PM - 6 PM; 2nd F, 9 - 10 AM.  Must arrive no later than 20 minutes prior to closing time.	KCCC Food Pantry Kiowa Creek Community Church 231 Cheyenne St. Kiowa, CO 80117 Phone: 303-621-2376 Food Bank Hours: 303-243-6500 Email: foodbankofKCCC@gmail.com www.kiowacreek.org	
Life Connect at Grace Chapel	Nonprofit partnering with their clients (specifically single mothers) to provide financial training. It is a 6 month to 1 year program. May also help people with one-time financial assistance of up to \$400. Clients may request via the website: www.gracechappel.org/life-connect and hear back between 24-72 hours after making the request. Open to people living in <b>Douglas</b> and <b>Arapahoe</b> Counties.	Grace Chapel 8505 S. Valley Hwy. Englewood, CO 80112 www.Gracechapel.org/life-connect	
Little Flower Assistance Center	Catholic Charities-run food pantry, clothing closet and resource center for all Aurora zip codes and Denver zips 80239 & 80249. Little Flower partners with parishes, businesses, agencies, organizations and volunteers to receive and distribute food and critical supplies. Hours: MWTh, 9:30 AM – 3 PM; Senior food assistance 2nd Monday of each month.	Little Flower Assistance Center 11149 E. 14th Ave. Aurora, CO 80010 https://ccdenver.org/food	

FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Littleton Church of Christ Food Bank	Contact the church office for residency requirements. Food Bank is open every other Monday, 4 – 5:30 PM. For more information on service dates, check the website.	Littleton Church of Christ 6495 S Colorado Blvd Centennial, CO 80121 Office Phone: 303-741-0265 https://www.littletonchurch.org/missions-local
Love, INC.	Faith-based organization that works with clients by phone referring those in need to resources for food, limited financial assistance, diaper ministries, cold weather shelters, etc. Call to verify qualification and ID requirements. Serves zip codes: 80110, 80113, 80120-80130.  Also operates Renewed Treasures Resale Shoppe at: 6512 S Broadway, Littleton, CO 80121 Hours: T-Sa, 9 AM – 5 PM	Love INC. Administrative Offices Only - Call for Services 5745 S. Bannock St. Littleton, CO 80120 Help Line: 303-794-5683 (LOVE), M-Th, 9AM – 3 PM Resale Shoppe: 720-446-1877 www.loveinclittleton.org
Manna Care	COVID UPDATE: Assistance with food. Office hours M-Th, 8 AM – 5 PM. Food Bank Open: Tuesdays, 9 – 11:30AM 1st & 3rd Tuesdays, 5 – 6:30 PM	Manna Ministries Cherry Hills Community Church 3900 Grace Blvd Highlands Ranch, CO 80126 Phone: 303-791-4100, Ext. 8125 www.chcc.org/manna
Metro Caring	Clients may shop once per month and fill two bags and two boxes with fresh foods. Our free, grocery-store-style market welcomes anyone to shop and take home food. No identification, proof of need or documentation is needed. Make an appointment or stop-in for a prepared emergency bag.  Fresh Food Market Hours: MT, 9:30–11:30 AM & 12:30–3 PM & 6–7 PM; WTH, 9-11:30 AM & 12:30-3 PM. *Closed first Thursdays. Make an appointment online at any time. Call during hours listed above to make an appointment via phone.	Metro Caring 1100 E 18th Ave. Denver, CO 80218 Phone: 303-860-7200 www.metrocaring.org

FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Mission Hills Church Home and Health Ministries	At first appointment please bring Photo ID for all adults in household, birth certificate or insurance card for all minors, and proof of address.  Hours: Tuesdays, 12 – 6 PM	Mission Hills Church Home and Health Ministries Food Bank located at Littleton Life Center 5804 S. Datura St. Littleton, CO 80120 Phone: 303-953-7180 www.lifecenterlittleton.org
Modest Needs Foundation	Provides a financial bridge to self-sufficiency by giving low-income households a small grant, generally between \$750-\$1,250 to help pay for an emergency. All payments are made directly to the vendor or creditor, not the applicant. Application on website.	Modest Needs Foundation www.modestneeds.org
More Life Center	Social outreach branch of Colorado Community Church, working to promote self-sufficiency while maintaining the dignity of those in need. Provides resources such as employment counseling, housing search assistance and a food pantry. In addition to these services, they also offer a bag of groceries, M – F, 8 AM – 4:30 PM. Food Bank of the Rockies 2nd & 4th Wednesdays from 3 – 5 PM.	More Life Center Colorado Community Church 14100 Jewell Ave. Aurora, CO 80014 Phone: 720-748-0257 https://coloradocommunity.org/need-help
Parker Task Force for Human Services Food Bank	Food Bank serving clients residing in Parker, Franktown and Elizabeth; must bring proof of current address at each visit. Limited financial assistance.  Hours: TWFSa, 9 AM – 1 PM.  Clients must arrive prior to 11:30 AM for same day service.	Parker Task Force 19105 Longs Way Parker, CO 80134 E-mail: foodbank@parkertaskforce.org Phone: 303-841-3460 www.ParkerTaskForce.org
Presbyterian Church of the Covenant Cupboard Food Pantry	Food Pantry serving seniors, disabled individuals and the unemployed or under-employed. The food pantry is located at the east side (rear) of the church and is closed on major holidays that fall on Friday. Call for more info. No residency restrictions. Open Fridays, 1 - 4 PM.	Presbyterian Church of the Covenant 5400 S Yosemite Greenwood Village, CO 80111 Phone: 720-841-5129 www.covcupboard.org

FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Salvation Army Food Bank	Drop in food bank. Serving residents of Arapahoe, Douglas and Elbert counties (based on zip codes). May visit once each month.  Drive-Thru Food Pantry Hours: M & W, 9 AM – 12 PM	Salvation Army Food Bank 3900 E. Arapahoe Centennial CO 80122 Phone: 303-779-9662 Call Center Helpline: 303-295-3366 https://centennial.salvationarmy.org
St. Vincent DePaul - Ava Maria Conference	Provides financial assistance for rent, utilities and food. Church membership is not required, however must live within church boundaries. Offers a compassionate ear for problems. Home visit required for financial assistance. When leaving a voicemail message please expect a return call the next day.	St. Vincent DePaul Ave Maria Catholic Church 9056 E. Parker Rd Parker, CO 80138 Phone: 303-841-3750
SECORCares	Offers food and limited financial assistance for current clients. To qualify, must live in one of the 55 zip codes they serve, provide a photo ID (driver's license, passport, etc.) and provide proof of residency. Online application and appointment scheduling at: https://www.secorcares.com/guests Open: W & Th, 9 AM-4 PM; F & Sa, 9 AM-1 PM.	SECORCares 17151 Pine Lane Parker, CO 80134 Phone: 720-842-5621 www.secorcares.com

FORECLOSURES / EVICTIONS / MORTGAGES		
Organization	Description	Contact Information
Douglas County Housing Partnership	Visit the web site or contact a counselor for information on programs offered: Down Payment Assistance Program, Affordable Rental Housing, Foreclosure Mediation Program, Reverse Mortgages, Homebuyer Education Class - Take the First Step to Home Ownership.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Administration: 303-784-7859 Foreclosure Program: 303-784-7856 Homeownership: 303-784-7857 www.DouglasCountyHousingPartnership.org
<b>Colorado Housing</b>	Colorado Housing Connects helps clients access foreclosure and	Colorado Housing Connects
Connects	renter eviction prevention services.	CHC Phone: 1-844-926-6632
_		www.coloradohousingconnects.org
Brothers	Brothers Redevelopment, Inc. is a Denver-based nonprofit	Brothers Redevelopment, Inc.
Redevelopment,	organization providing housing and a variety of housing-related services for the region's low-income, elderly and disabled	2250 Eaton St., Suite B Denver, CO 80214
Inc.	residents.	Phone: 303-202-6340
	residents.	Home Modification/Repair:
		303-685-4225
		www.brothersredevelopment.org

HOUSING / RENT		
Organization	Description	Contact Information
Aurora Housing Authority	The Aurora Housing Authority offers a range of housing opportunities to families and individuals with diverse needs. Subsidized housing is provided with funds through the U.S. Department of Housing and Urban Development's Public Housing Program, Section 8 Housing Choice Voucher Program, Moderate Rehabilitation Program, and Project Based Assistance. AHA also owns and manages comfortable and convenient market rate housing. Call for waitlist information.	Aurora Housing Authority 2280 S. Xanadu Way Aurora, CO 80014 Phone: 720-251-2100 Email: info@aurorahousing.org https://www.aurorahousing.org
Atlantis Community, Inc. Brothers	Providing services for people with disabilities to establish their independence with community support, including information and referral to resources for independent living and transition services.  Video Phone available (for D/deaf and hard of hearing users only): 720-386-1633  Provides a variety of affordable housing options for low-income	Atlantis Community, Inc. 201 S. Cherokee St., Unit 100 Denver CO 80223 Phone: 303-733-9324 www.atlantiscommunity.org Email: info@atlantiscommunity.org Brothers Redevelopment, Inc.
Redevelopment, Inc.	seniors and families at 13 properties in the Denver metro area along with complimentary housing guidance. Check web site for locations and waitlist status. <b>No current communities in Douglas County.</b>	2250 Eaton St., Suite B Denver, CO 80214 Phone: 303-202-6340 www.brothersredevelopment.org
CoAbode	Matches single mothers for home-sharing based on personality, what each person values, and for community building at every stage of life, building stable homes, shared childcare and stability in uncertain times. Visit the website to register, fill out a profile and do a search in your area. Membership is Free.	CoAbode www.coabode.org
Colorado Housing Connects (CHC)	Provides eviction and foreclosure prevention information and resources and assistant with tenant-landlord issues.  Helps the elderly, disabled, renters and homeowners navigate non-emergency housing services and resources. Shares offices with Brothers Redevelopment, Inc.	Colorado Housing Connects 2250 Eaton St. Edgewater, CO 80214 Toll Free: 877-428-8844 Office: 704-334-8722 www.coloradohousingconnects.org

HOUSING / RENT continued		
Organization	Description	Contact Information
Colorado Housing Search	Online tool to search for affordable rentals, Section 8 housing and affordable homes for sale. Office Hours: M-F, 7 AM – 6 PM.	Colorado Housing Search Phone: 877-428-8844 www.ColoradoHousingSearch.org
COVA - Colorado Organization for Victim Assistance	Committed to fairness and healing for crime victims and their families, helping heal and restore balance to their lives. Offers education, counseling and a Crime Victim Emergency Fund Program. Can assist with expenses such as rent, utilities, moving expenses, short-term emergency shelter and transportation. Hours: M-F, 8 AM – 5 PM; call ahead; not available for walk-ins.	COVA - Colorado Organization for Victim Assistance 1325 S. Colorado Blvd., Suite 508-B Denver, CO 80222 Phone: 303-861-1160 Email: info@coloradocrimevictims.org www.coloradocrimevictims.org
Delores Project, The	Provides safe, reliable shelter and support services for women and transgender individuals experiencing homelessness. Must call to reserve a bed or to see if a bed is available that night. Extended stay shelters and programs (steps to stability and community-based) are available.	The Delores Project P.O. Box 1406 Denver, CO 80201 Phone: 303-534-5411 www.thedeloresproject.org
Denver Rescue Mission	The Denver Rescue Mission focuses on helping people who are experiencing homelessness and addiction. They provide emergency services such as meals, overnight shelter and daytime courtyard; rehabilitation; and a transitional program that helps employed people who are homeless by providing assistance with the first month's rent and deposit on long-term housing.	Denver Rescue Mission 6100 Smith Rd. Denver, CO 80216 E-mail: info@denrescue.org Phone: 303-297-1815 www.DenverRescueMission.org
Douglas County Housing Partnership	Provides help in locating affordable housing for qualifying Douglas County residents.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Phone: 303-784-7824 www.douglascountyhousingpartnership. org

HOUSING / RENT continued		
Organization	Description	Contact Information
Englewood Housing Authority	Handles subsidized housing for lower income, elderly, disabled and handicapped in Englewood. Possible 5-year wait for application. Wait lists may be closed periodically so best to call or check online. Certain income limits apply to specific housing programs.  Hours: MTThF, 9 AM – 4 PM; by appointment only on Wednesday.	Englewood Housing Authority 3460 S Sherman St., Ste. 101 Englewood, CO 80113 Phone: 303-761-6200 Fax: 303-781-5503 www.innovativehousingconcepts.org
Family Homestead	Provides emergency and transitional housing, and supportive case management to homeless families with children. All clients are given individual living units. Emergency Housing units are almost always full and there is no waitlist. Transitional Housing does have a waitlist of about 3 months. Requires a deposit and rental payment. Hours: M-F, 8 AM - 4:30 PM	Family Homestead P.O. Box 40186 Denver, CO 80204 Phone: 303-623-6514 https://familyhomestead.org
Family Promise of Greater Denver	Program for homeless families with at least one child under 18 to help them with one-time rental assistance. They also offer a daysite where families can stay. Case management helps with community resources including housing, employment, childcare, food and transportation. Between 7 AM – 5 PM and nightly temporary shelters from 5 PM – 7 AM. For information on the availability of these programs, call the office.	Family Promise of Greater Denver 1600 N. Downing St., Ste. 500 Denver, CO 80218 Phone: 303-675-0713 Fax: 303-839-1826 https://www.fpgd.org/shelter
Habitat for Humanity of Metro Denver	Habitat for Humanity is a homeownership program that empowers families to build a new life for themselves through the stability and security of owning their own home. Habitat homes are not given away but are sold to families who qualify and are willing to make a down payment, put in hundreds of hours of sweat equity labor and can meet a monthly mortgage payment.	Habitat for Humanity of Metro Denver 7535 E. Hampden Ave., Ste. 600 Denver, CO 80231 Office Phone: 303-534-2929 Family Services Hotline: 720-496-2726 www.HabitatMetroDenver.org
Hope House of Colorado	Sixteen to 20-month housing program for teenage single mothers, ages 15 to 20, who are in crisis (with children age 3 or younger). Housing program requires application. Parenting, life skills and spirituality and GED classes. Call for info. Hours: M-F, 8:30 AM – 4:30 PM	Hope House of Colorado 6475 Benton St., Bldg. A Arvada, CO 80003 Phone: 303-429-1012 https://hopehousecolorado.org

HOUSING / RENT continued		
Organization	Description	Contact Information
Housing & Family Services Homelessness Program	Provides comprehensive support services for homeless families and youth. The program promotes safe and stable families through self-sufficiency and affordable housing programs:  Transitional, rent-subsidized housing; in-home, case management services; referrals to community resources; job listings, crisis hotline for homeless and at-risk homeless families; food, clothing and household goods; basic skills education in budgeting, nutrition, credit management, parenting and career counseling; rent and utility assistance. Also offers military family assistance. Programs Include:  House of Hope – 90-day shelter for women with children.  Homelessness Program – help with rent, deposits and/or utilities. No referral needed.	Housing & Family Services Homelessness Program 3805 Marshall Street Wheat Ridge, CO 80033 Phone: 303-467-2604 General Inquiries: 303-422-2133 www.TheFamilyTree.org  Domestic Violence 24-hr. Crisis Line: 303-420-6752
Integrated Family Community Services	There are currently no funds available for rental assistance. Provides utility bill payment assistance through EOC to select cities in northern Douglas and Arapahoe Counties and southwest Denver. Call for information.	Integrated Family Community Services 3370 S. Irving St Englewood, CO 80110 Phone: 303-789-0501 www.ifcs.org
Marisol Home – Program of Catholic Charities Denver	An interim community-based program offering housing for single expectant mothers and single women with children who are experiencing homelessness. Provides support services leading to self-sufficiency.  Hours: M-F, 8 AM - 5PM	Marisol Home Catholic Charities Denver 6240 Smith Rd. Denver, CO 80216 Phone: 855-777-5280 https://ccdenver.org/marisol-homes/
Mercy Housing Program Transitional Housing	Offers Affordable housing and supportive services for low income families, seniors, individuals, veterans and people with special needs. Call for more information.	Mercy Housing Program 1600 Broadway, Ste. 2000 Denver, CO 80202 Toll Free: 866-338-0557 Phone: 303-830-3300 www.mercyhousing.org

HOUSING / RENT continued		
Organization	Description	Contact Information
Youth Housing Assistance - Bannock Youth and Family Center	Provides permanent housing support for homeless youth and their families. Must provide homeless verification and receive a referral from local shelters and direct service providers. Youth & Young Families Program serves ages 16-24; Housing Stabilization Program serves adults or families ages 25 or older. Clients receive case management support of their employment, education, independent living, parenting skills and more.	Bannock Youth and Family Center 455 Bannock Denver, CO 80204 Phone: 720-217-3884 www.voacolorado.org/gethelp- denvermetro-ryes-youth
Providence Network  Sacred Heart House of Denver	Provides 2-year transitional housing for victims of domestic violence, persons recovering from addiction and young adults recovering from homelessness. After 2-years, offers affordable apartments to continue living in a healthy, supportive soberliving community.  Provides a Continuum of Services to single mothers with children and single women experiencing homelessness in Denver.  Resources and support provided through the In-House Stabilization, Follow-Up, and Transitional Housing Programs, enabling women to secure stable housing with the goal of	Providence Network 801 Logan St. Denver, CO 80203 Phone: 303-860-8404 www.providencenetwork.org  Sacred Heart House of Denver 2844 Lawrence Street, Denver, CO 80205 Phone: 303-296-6686 https://sacredhearthouse.com
Samaritan House	achieving and maintaining self-sufficiency.  Night shelter for homeless women and daytime shelter for men, women and families. Run by Catholic Charities.  Samaritan House: Provides overnight shelter from 5 PM - 7:30 AM on a first-come, first-served basis for women ages 18+. Must arrive by 5 PM when doors open. No need to call in advance or get a referral. Provides two meals and bathroom services, no showers.  Samaritan House 48th: Provides shelter and meals 24-hours a day for women 18+. Arrive between 8 AM and 8 PM. Meals, shower services, laundry services and case management support.	Samaritan House Downtown Denver 2301 Lawrence St Denver, CO 80205 Phone: 303-620-9190  Samaritan House 48th Avenue 4330 48th Ave. Denver CO Phone: 720-700-9506 https://ccdenver.org/denver-samaritan-house

HOUSING / REN	HOUSING / RENT continued		
Organization	Description	Contact Information	
STAR Transitional Housing (a Denver Mission Program)	A 6-month to 2-year transitional housing program in a protected crime-free, drug & alcohol free, attractive, clean community with 3 inexpensive, quality meals a day (food stamps accepted) for families, couples, seniors and singles. Drug test required. Housing can be as low as \$567/month; must have income of at least \$800/mo. (individual) or \$1,000/mo. (family). Call for info required at intake appt. Fact sheet with detail on web site. Also helping refugees to become assimilated into this country.	STAR Transitional Housing Program at The Crossing 6100 E. Smith Road Denver, CO 80216 Phone: 303-297-1815 https://denverrescuemission.org/what- we-do/how-we-help/#transitional- programs	
St. Francis Center	Provides daytime shelter, social services, health and wellness, clothing room, housing, employment and outreach information for adult men and women to help them transition out of homelessness. Also have a 50-unit transitional housing program. Hours: Daily, 7 AM – 3 PM.	St. Francis Center 2323 Curtis St. Denver, CO 80205 Phone: 303-297-1576 www.sfcdenver.org	
United Way 211 Call Center	Information about and referral to human and social service organizations, medical organizations, and financial aid agencies in the greater Denver area (ex. emergency assistance for rent, utilities, food, and evictions) and info on low cost medical care, homeless and domestic violence shelters, quality child care, youth mentoring, & education grants.	United Way Call Center Phone: 211 or 866-760-6489 Text zip code to 898211; M-F, 8 AM-5 PM E-mail: 211colorado@unitedwaydenver.org https://www.211colorado.org	
Volunteers of America	Provides housing assistance for seniors, families, veterans and persons with disabilities. Operates programs offering shelter from one night's refuge from the streets to long-term programs toward self-sufficiency.	Volunteers of America 2660 Larimer St. Denver, CO 80205 Phone: 303-297-0408 www.voacolorado.org	

HOUSING / RENT continued		
Organization	Description	Contact Information
Warren Village	Warren Village is a non-profit organization helping low income single parent families achieve personal and economic self-sufficiency. Services include early childcare, education programs, family supportive services and transitional housing.	Warren Village 1323 Gilpin St. Denver, CO 80218 Phone: 303-321-2345, ext. 6000 Email: info@warrenvillage.org www.warrenvillage.org
Urban Peak Drop-In Shelter	Urban Peak is a non-profit organization providing services for youth ages 15 through 24 experiencing homelessness or at imminent risk of becoming homeless. At little or no cost to the youth, they offer: an overnight shelter, a daytime drop-in center, street outreach, education & employment programming and supportive housing. Call for more information about emergency and transitional housing options.	Urban Peak Drop-in Shelter 2100 Stout Street Denver, CO 80205 Drop-In Shelter: 303-974-2028 TTY/TDD: 800-659-2656 www.urbanpeak.org Shelter (for youth ages 15 through 20) 1630 South Acoma Emergency Youth Shelter: 303-974-2928 Denver, CO 80223

HOUSING / REPAIR		
Organization	Description	Contact Information
Aging Resources of Douglas County	Dedicated to providing services, resources and information that allow persons age 60+, and adults with disabilities, stay in their homes for as long as possible. Services include yard work, chores and handyman services, light yard work, minor home maintenance and transportation. Hours: M-F, 8 AM - 4:30 PM.	Aging Resources of Douglas County 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 E-mail: ardc@douglas.co.us www.agingresourcesdougco.org
Brothers Redevelopment, Inc.	Free home modifications and repair for low-income homeowners who are 60+ and/or disabled. These health, safety and accessible repairs preserve homes and help clients age in place.	Brothers Redevelopment, Inc. 2250 Eaton St., Suite B Denver, CO 80214 Phone: 303-202-6340 www.brothersredevelopment.org
Dads of Elbert County	Strive to help their neighbors in Elbert County with trade skills, labor, donated food, sundry items or the occasional fundraiser.	Dads of Elbert County Phone: 720-500-3043 Email: dadsofelbertcounty@gmail.com https://dadsofelbertcounty.com
DURA - Denver Urban Renewal Authority	DURA's Housing Rehabilitation programs match low-income and moderate-income residents with grants and zero- or low-interest loans for emergency repairs like hot water heater replacement, or for more thorough rehabilitation of a single-family home, like installing a new roof and replacing sewer lines. Also offers qualified disabled renters and homeowners grants to complete accessibility upgrades in and around the home. Apply online.	Denver Urban Renewal Authority (DURA) 1555 California St., Ste 200 Denver CO 80202 Email: info@RenewDenver.org Phone: 303-534-3872 www.RenewDenver.org
Rebuilding Together - Metro Denver (RTMD)	RTMD sponsors and volunteers provide critical health and safety repairs and services to qualified veterans, older adults, low-income homeowners and people with disabilities living on a limited income. Visit the RTMD website for a description of home repairs available. To qualify for help, must own home, live in it and meet low-income requirements per HUD guidelines.	Rebuilding Together - Metro Denver (RTMD) 2839 W. 44th Avenue Denver, CO 80211 Phone: 720-524-0840 Email: info@rtcolorado.org www.rtcolorado.org

HUMAN SERVICES		
Organization	Description	Contact Information
Arapahoe County Department Human Services	The Community Support Services Division supports residents through financial assistance, including (but not limited to) Temporary Assistance to Needy Families, Food Stamps, Medicaid, Aid to the Needy Disabled, Old Age Pension and the Low-Income Energy Assistance Program.	Arapahoe County Dept. of Human Svcs. Arapahoe Center Pointe Plaza 14980 E Alameda Dr. Aurora, CO 80012 Phone: 303-636-1130 Hearing Impaired: 303-636-1522 Fax: 303-636-1426 Abuse/Neglect Hotline: 303-636-1750 1-844-CO-4KIDS (statewide hotline) www.arapahoegov.com
Douglas County Community of Care Network	Information, access to food, financial, child care, child protective services, medical and mental health programs, support programs for disabled, seniors, and veterans.  Open: M-F, 8 AM – 5 PM	Douglas Co. Community of Care Network 100 Third St., Ste. 220 Castle Rock, CO 80104 Phone: 303-660-7460, ext. 4434 www.douglas.co.us/human- services/assistance/
Douglas County Human Services	Supports residents through financial assistance, including (but not limited to) Temporary Assistance to Needy Families, Food Stamps, Medicaid, Aid to the Needy Disabled, Old Age Pension, the Low-Income Energy Assistance Program, and other information and referrals.  Open: M-F, 8 AM – 5 PM	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 Child Welfare: ext. 5389 Child Support: ext. 5376 Medicaid food eligibility: ext. 5329 Fax: 877-285-8988 TTY: 303-663-7791 Crisis Hot Line: 303-663-6270 1-844-CO-4KIDS (statewide hotline) www.douglas.co.us/human- services/assistance/

HUMAN SERVIO	HUMAN SERVICES continued		
Organization	Description	Contact Information	
Elbert County Health & Human Social Services	The Department provides Child and Adult protection, childcare assistance, food assistance and cash assistance payments for low income, elderly and disabled residents who qualify. Currently, Elbert County Social Services has two office locations – Main office in Kiowa and a satellite office in Simla.  Open: M-Th, 7:30 AM – 5 PM	Elbert County Health & Human Services 75 Ute Ave. Kiowa, CO 80117 Phone: 303-621-3149, Option 0 State-Wide Hot Line: 1-844-CO-4KIDS Fax: 303-621-0122 www.elbertcounty-co.gov	
Government Benefits Program	The official benefits web site of the U.S. government. Informs citizens of benefits they may be eligible for and Provides information on how to apply for assistance	Government Benefits Programs https://www.usa.gov/state- government/Colorado GO TO: "Browse by State"	
Metro Caring Community Connectors	Metro Caring Community Connectors help community members access the most effective and culturally accessible resources possible to address the barriers they are experiencing. Connectors can assist with SNAP and LEAP applications, public benefits enrollment, document interpretation and help refer community members to partner organizations for tax, rent, clothing and utility assistance. No appointment necessary.	Metro Caring 1100 E. 18th Ave. Denver, CO 80218 303-860-7200 www.metrocaring.org/what-we-do info@MetroCaring.org	
More Life Center	Center offers a safety net for life's tough issues: legal aid, counseling, food bank, health and wellness, senior housing support, employment, addiction and relation recovery, felon friendly support. In addition to these services, they also offer a bag of groceries, M – F, 8 AM – 4:30 PM. Food Pantry Open: Sundays, 10 AM – 1 PM; odd Wednesdays, 9:30 AM - 2 PM; even Wednesdays, 9:30 AM - 12:30 PM. Mobile Food Bank of the Rockies: 2nd & 4th Wednesdays in the parking lot, 2 PM – 4 PM. Legal Aid Clinic: Call for hours and to schedule an appointment.	More Life Center Colorado Community Church 14100 Jewell Ave. Aurora, CO 80014 Phone: 720-748-0257 E-mail: info@coloradocommunity.org https://coloradocommunity.org/mlcc	

IMMIGRATION		
Organization	Description	Contact Information
African Community Center	The African Community Center of Denver (ACC) is a non-profit resettlement agency whose mission is to help refugees and immigrants rebuild safe, sustainable lives in Colorado.	African Community Center 925 S. Niagara St., Ste. 200 Denver, CO 80224 Ph: 303-399-4500 www.acc-den.org
Colorado Refugee Connect	Colorado Refugee Connect (CRC) is an initiative that is collaboratively led by ECDC/African Community Center, International Rescue Committee, Lutheran Family Services Rocky Mountains and the Colorado Refugee Services Program. CRC is a website that serves as an umbrella for several social bridging projects that support refugee integration.	Colorado Refugee Connect https://www.corefugeeconnect.org/
Colorado Refugee Services Program	Helps ensure the effective resettlement of refugees and promote refugee advancement past self-sufficiency to long-term integration.	Colorado Refugee Services Program Ph: 303-863-8211 https://cdhs.colorado.gov/crsp email: crsp@state.co.us
Immigrant Pathways Colorado	Working to create a community in which immigrants feel they are welcome, belong and can contribute by helping immigrants make Colorado their home and to build mutually respectful relationships within the community	https://www.connectingimmigrants.org
International Rescue Committee (IRC)	The International Rescue Committee (IRC) helps people affected by humanitarian crises—including the climate crisis—to survive, recover and rebuild their lives. We deliver lasting impact by providing health care, helping children learn, and empowering individuals and communities to become self-reliant, always seeking to address the inequalities facing women and girls.	International Rescue Committee Ph: 720-328-6655 https://www.rescue.org/united- states/denver-co
Lutheran Family Services Rocky Mountains	Lutheran Family Services Rocky Mountains is a faith-based, human services agency providing adoption, disaster response, foster care, older adult, family support & education, and refugee & immigration services. Provides help and support to children and families during their most challenging times regardless of race, religion, gender identity, sexual orientation or age.	Lutheran Family Services Rocky Mountain Ph: 303-980-5400 www.lfsrm.org/programs-and- services/refugees

Immigration continued		
Organization	Description	Contact Information
Metro Migrant Education Program	Identifies, recruits and supports migrant families by providing services effectively, allowing them to achieve their educational goals. Designed to provide supplemental education services to the families of migratory agricultural workers. Supports mothers and infants as a member of the Diaper Bank and Baby Gear programs. The Metro program is based out of Aurora Public Schools but supports migrant students in the Denver metro area, including Douglas County. As part of Colorado's education system, all information is maintained confidentially.	Metro Migrant Education Program 1085 Peoria St., R# 116 Aurora, CO 80011-8474 Ph: 303-365-5817 https://migrant- education.aurorak12.org/
OmniSalud	OmniSalud provides undocumented Coloradans and DACA recipients who do not qualify for any other state program, such as Medicaid and financial assistance through Connect for Health Colorado, a safe way to compare and buy affordable health insurance through the secure platform. Certified, local experts speak your language, can answer questions, and will help with the application – all free of charge. They will NOT ask for your immigration status when you apply for a health insurance plan through OmniSalud and enroll through Colorado Connect. The information you provide when applying cannot be used for immigration enforcement.	OmniSalud Connect for Health Colorado Phone: 855-675-2626 Hours: 8 AM – 6 PM https://connectforhealthco.com/get-started/omnisalud-help/

LEGAL SERVICE	LEGAL SERVICES		
Organization	Description	Contact Information	
Checkerboard CO	Checkerboard provides "one click" access to FREE legal information. The web site provides a single point of entry with 24/7 "one click" public access for all forms, statutes, rules, instructions, flow charts and videos for each of over 50 different types of Colorado civil cases.	Checkerboard CO http://www.checkerboard.co/	
Colorado Bar Association	Find lawyers by practice, name and region. Outlines legal assistance programs for low-income clients such as Colorado Legal Services, Colorado pro bono lawyers and Metro Volunteer Lawyers. Offers a free Pro Se Bankruptcy Clinic that helps people with their Chapter 7 bankruptcy cases. The Clinic gives limited scope legal advice by phone or video appointment for individuals who do not have lawyers. Two programs support older adults: The Colorado Long-term Care Ombudsman Program and the Legal Assistance Developer for Elders Program.	Colorado Bar Association 1290 Broadway, Ste. 1700 Denver, CO 80203 Phone: 303-860-1115 www.CoBar.org Click on: "For the Public"	
Colorado Bar Association Douglas County Self Help Center	Self Help Centers providing free or low fee legal assistance programs. Domestic issues only, staffed by volunteers	Colorado Bar Association Douglas County Self Help Center 4000 Justice Way, Suite 2456 Castle Rock, CO 80102 Phone: 720-437-6112	
Colorado Criminal Defense Bar	Provides list of defense attorneys who are part of the Income Based Sliding Scale Program. When contacting an attorney from the list you must mention the CCBDs Sliding Scale List.	Colorado Criminal Defense Bar 1120 Lincoln St., Ste. 1109 Denver, CO 80203 Phone: 303-758-2454 Fax: 303-623-0714 https://ccdb.org/	

LEGAL SERVICES continued		
Organization	Description	Contact Information
Colorado Legal Services	Visit web site for self-help legal information for civil legal matters, where to find no- or low-cost legal help, court information and other referral information. Colorado Legal Services only assists with civil legal matters. Senior Program provides help with civil legal matters to seniors, age 60+, who meet certain income and asset guidelines. For criminal and traffic matters, see our Referrals for Help with Criminal Matters page. Can assist with complex ID problems. New applicant and walk-in hours: MTThF, 8:30 AM - 3 PM	Colorado Legal Services 1905 Sherman Ste., #400 Denver CO 80203 Phone: 303-837-1313 www.coloradolegalservices.org
Denver Bar Association	Volunteer attorneys from the Denver Bar Association present personal bankruptcy clinics for debtors who have filed a case and those thinking of filing a case without the aid of an attorney. Clinics are held Tuesdays, 1:30 PM – 3 PM at the US Bankruptcy Court in Denver. Offers pro se (do-it-yourself) litigant clinics on Bankruptcy, Family, Small Claims and Collections. These clinics assist in understanding the legal processes and forms. Helpful "Live Chat" feature can be accessed in the bottom right-hand corner of the web page at: www.cob.uscourts.gov	Denver Bar Association 303-860-1115 www.denbar.org/Public/Legal-Clinics US Bankruptcy Court 721 19th St., Room 183 Denver, CO 80202 Phone: 720-904-7300 Clinic Information & Forms www.cob.uscourts.gov
Justice & Mercy Legal Aid Clinic	A non-profit dedicated to serving the abused and impoverished. Free representation, consultation to individuals struggling with domestic matters, immigration, bankruptcy, general civil matters and landlord tenant issues.	Justice & Mercy Legal Aid Clinic 913 N. Wyandot St. Denver, CO 80204 E-mail: jamlac@milehighmin.org Phone: 303-839-1008 http://jamlac.org
Disability Law Colorado	An advocacy group that investigates complaints of abuse and neglect in the care of seniors and the disabled and provides referrals for issues facing seniors and the disabled. Call for information.	Disability Law Colorado 455 Sherman St., Ste. 130 Denver, CO 80203 Phone: 303-722-0300 Toll Free: 1-800-288-1376 www.disabilitylawco.org

LEGAL SERVICES continued		
Organization	Description	Contact Information
Metro Volunteer Lawyers	Part of the Denver Office of Colorado Legal Services. Must complete interview with Colorado Legal Services before seeing Metro Volunteer Lawyers. Volunteer lawyers offer pro bono (either free or low cost) legal assistance to low income individuals who live and work in Denver area (including Douglas and Elbert counties). They only handle civil legal matters such as bankruptcy and debt collection, public benefits, evictions and foreclosures, wills and estate planning, family law (child support, divorce, or custody), and senior citizen issues.	Metro Volunteer Lawyers Colorado Legal Services 1905 Sherman St., #400 Denver, CO 80203 Phone: 303-830-8210 Douglas & Elbert County Family Court Facilitator Phone: 720-437-6287 www.denbar.org/mvl#Help
More Life Center	Center offers a safety net for life's issues, including a legal aid clinic. The Justice and Mercy Legal Aid Clinic (JAMLAC) is available at the MORE Life Community Center via remote appointment. Volunteer legal professionals offer free legal consultation for a wide variety of legal matters. Visit website and schedule an appointment via online form.	More Life Center Colorado Community Church 14100 Jewell Ave. Aurora, CO 80014 Phone: 720-748-0257 https://coloradocommunity.org/mlcc
Office of the Colorado State Public Defenders - Douglas County Regional Office	Provides court appointed criminal defense for low income residents of Douglas & Elbert Counties.	Colorado State Public Defenders Douglas County Regional Office Elk Crossing Business Center 1161 Perry St., Ste. 200 Castle Rock, CO 80104 Phone: 303-688-3081 Email: Douglas@coloradodefenders.us www.coloradodefenders.us/offices/douglas-county
Project Safeguard	Legal advocacy for victims of domestic violence and abuse.	Project Safeguard 7325 S. Potomac St. Centennial, CO 80112 Denver, CO 80204 Legal Advocacy Phone: 303-799-3977 Other Phone: 720-827-3282 Email: Shae@psghelps.org www.psghelps.org

LITERACY / GED / ESL		
Organization	Description	Contact Information
Douglas County Libraries Classes – Literacy, ESL, GED Testing	Douglas County Libraries offers Adult Literacy, Citizenship and GED services: One 2 One Adult Tutoring; One on One Computer Tech Tutoring; Practice Your English; Career Online High School program for adults age 19 & up; GED/HiSET/TASC Preparation Classes; Citizenship Classes; English as a Second Language. Registration required, call or visit web site for more information.	Douglas County Libraries Phone: 303-791-7323 www.dcl.org/adult-education
Elbert County - Pines and Plains Libraries	Provides GED assistance. Call for information about preparation and tutoring.	Elbert County Library Elizabeth Branch 651 Beverly Street Elizabeth, CO 80107 Phone: 303-646-3416 https://pplibraries.org

MEDICAL		
Organization	Description	Contact Information
Alternatives Pregnancy Center	Provides free pregnancy tests, support and counseling for Pregnancy Center women and men facing difficult decisions. All pregnancy options are explored including parenting, adoption and abortion. Offers STD testing & treatment to women only. All services are confidential and provided free of charge. Call 24-hr Helpline for additional information, locations and hours. Call in advance to schedule an appt or fill out form online at web address.	Alternatives Pregnancy Center 23 Inverness Way East, Ste. 101B Englewood, CO 80112 24-hr. Helpline: 303-295-2288 www.youhavealternatives.org
Accessia Health	A non-profit organization whose mission is to provide a financial safety net to patients and families living with chronic medical conditions. Provides financial assistance to pay for prescriptions, medical treatments and expenses, travel and insurance premiums. Our program services include healthcare education, specialized legal services, and case management. To be eligible for assistance you must legally reside in the US and be receiving treatment from a US provider. Hours: MTThF, 8:30 AM – 5 PM EST; Wednesdays, 9:30 AM – 5 PM EST; Closed daily: 12:30-1:30 PM EST.	Accessia Health P.O. Box 5930 Midlothian, VA 23112 Phone: 800-366-7741 Fax: 1-804-744-9388 email: assistance@accessiahealth.org www.accessiahealth.org
Benefits in Action	Benefits in Action is a nonprofit organization dedicated to supporting our diverse community with a focus on the elderly and underserved to improve their understanding, access, and utilization of food- and health-related benefits to enhance food security, health, and well-being. Professional navigators help clients understand and navigate applying for government benefits.	Benefits in Action 12157 W Cedar Dr, Suite 100 Lakewood, CO 80228 Phone: 720-221-8354 email: info@benefitsinaction.org https://www.benefitsinaction.org
Colorado Child Health Plan Plus (CHP+) - Douglas County	A public low-cost health insurance for children (18 and under), pregnant woman (19 and over). For people who earn too much to qualify for Health First Colorado (Medicaid) but not enough to pay for private health Insurance. All CHP+ members are automatically enrolled into a CHP+ health plan. See website for further details including fees and co-pays.	Colorado Child Health Plan Plus (CHP+) - Douglas County Phone: 800-359-1991 https://hcpf.colorado.gov

MEDICAL continued		
Organization	Description	Contact Information
Colorado Indigent Care Program (CICP)	CICP provides discounted health care service to low-income people and families not eligible for Colorado's Medicaid Program (Health First Colorado, or CHP+, or those covered by Medicare or other health insurance may be eligible). It is not a health insurance program. Discounted health care services are provided by participating Colorado hospitals and clinics. Call or check web site for qualifications.	Colorado Indigent Care Program (CICP) Colorado Dept. of Health Care Policy & Financing Phone: 800-221-3943 / State Relay: 711 www.colorado.gov/hcpf/colorado- indigent-care-program Health First Phone: 800-221-3943
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, financial and early childhood assistance programs. Apply online via eligibility form.	Colorado PEAK https://coloradopeak.secure.force.com
Colorado Women's Wellness Connection (WCC)	The WWC program serves women ages 21-64 with no health insurance or limited insurance who are also on a limited income. Screening program offers: breast exams, mammograms, pelvic exams, Pap tests and various cardiovascular tests.  Screenings available at more than 120 health care providers throughout Colorado. Eligible women may receive free screenings. Those who are insured, but who cannot afford diagnostic tests may qualify. Call the WWC clinic directly to schedule your appointment and confirm program eligibility. Hours: M-F, 8 AM-4:30 PM; closed daily, 12-12:45 PM	Colorado Women's Wellness Connection https://cdphe.colorado.gov/wwc  STRIDE Community Health Center 17866 Cottonwood Drive Parker, CO 80138 Phone: 303-360-6276 www.stridechc.org

MEDICAL conti	MEDICAL continued	
Organization	Description	Contact Information
Doctors Care	Provides quality, affordable sick and well-care for children and young adults age 50 and under in the Doctors Care Clinic. Patients may be seen by a physician assistant, nurse practitioner or volunteer physician. The clinic provides needed well and sick-care immunizations, mental health services and age-appropriate developmental screens. A behavioral health counselor is available for counseling appointments. Doctors Care also offers an on-site Dental Hygienist for oral hygiene exams and education, cleanings, x-rays, scaling & root planning, sealants and fluoride treatments. Accepts Medicaid and CHP+. Assistance with Medicaid and subsidized insurance plans through Connect for Health Colorado. One-on-one assistance for insurance options, tax credits for private plans and financial assistance in getting coverage.	Doctors Care 609 W. Littleton Blvd., Suite 100 Littleton, CO 80120 Phone: 303-730-1313 www.doctorscare.org
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: hearing aids, eyeglasses, dental, mobility equipment, clothing, daycare, prescriptions, medical equipment, prosthetics and more. They also have a specific program for Transplant Medications, General Transplant and a Single Parents Empowered Program. The Single Parents Empowered Program will consider one-time assistance to employed single parents in Colorado who are experiencing a crisis (employment or other income interruption) which threatens their continued independence. Application available online. Applications MUST be filled out by agency professional on behalf of the applicant (i.e., caseworkers, case managers, health care workers, social workers, counselors, teachers, clergy.) Parker Task Force volunteers are considered professionals who can apply for applicant. If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org

MEDICAL contin	MEDICAL continued		
Organization	Description	Contact Information	
Health First Colorado (Medicaid)	Medicaid in Colorado is known as Health First Colorado. It represents Colorado's member-focused approach to health care coverage. Health First Colorado is a public health insurance program for Coloradans qualify by meeting federal and state income guidelines. For individual application assistance go to your county's Dept. of Human Services.	Health First Colorado Phone: 800-221-3943 State Relay: 711 Enrollment: 888-367-6557 (outside Denver) www.healthfirstcolorado.com	
	Apply for Colorado Medicaid at: www.healthfirstcolorado.com  Verify qualification and apply online at: https://coloradopeak.secure.force.com	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices	
Health in Hand	Helps individuals to reduce out-of-pocket costs and control of their health <b>for \$80/yr</b> . This <u>app-based service</u> includes text-first health education, on demand telehealth with unlimited access to a doctor and a blood screening that provides 28 essential measures of health.	Health in Hand https://365health.org/Health-in-hand Phone: 303-698-4455	
Hospital Equipment Lending Project (HELP) - Assistance League of Denver	All volunteer, nonprofit organization that provides hospital equipment for in-home rehabilitation with no charge to patient; equipment to be returned at end of rehab. Visit website for list of equipment; all items are sanitized before being released for distribution to new patients. Appointments preferred, M-Th, 9 AM – 1 PM; call or email aldenverhelp@gmail.com for a reservation.	Hospital Equipment Lending Project (HELP) - Assistance League of Denver 6265 East Evans, Suite #7 Denver, CO 80222 Phone: 720-598-6126 www.denver.assistanceleague.org Click: Community Service, then Health Services	

MEDICAL continued		
Organization	Description	Contact Information
Inner City Health Center	Inner City Health Center is a private, non-profit, Christ-centered, volunteer-based health care facility dedicated to providing quality low-cost services regardless of ability to pay. A volunteer health team provides all services at the clinic. Services range from dental care, family practice and specialty care.  Open: M-F, 8 AM-5 PM	Inner City Health Center Primary Clinic 3800 York St. Denver, CO 80205 Medical & Behavioral Health Phone: 303-296-1767 Dental Phone: 303-296-4873 https://innercityhealth.org
Medicaid (Health First Colorado)	Medicaid in Colorado is known as Health First Colorado. It represents Colorado's member-focused approach to health care coverage. Health First Colorado is a public health insurance program for Coloradans qualify by meeting federal and state income guidelines. For individual application assistance go to your county's Dept. of Human Services. Apply for Medicaid in Colorado at: www.healthfirstcolorado.com To find out if you qualify, apply online at PEAK: https://coloradopeak.secure.force.com  Nurse Advice Line: Provides Health First Colorado members FREE 24/7 access to medical information and advice in both English and Spanish. Nurses answer medical questions, provide care advice and help	Medicaid (Health First Colorado) Toll Free: 800-221-3943 State Relay: 711 https://hcpf.colorado.gov  Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/human-services  Nurse Advice Line Phone: 800-283-3221 https://hcpf.colorado.gov/nurse-advice-
Medicaid and CHP+ (Presumptive Eligibility)	determine if clients should see a doctor right away.  The Presumptive Eligibility (PE) program gives some individuals immediate, temporary Health First Colorado (Colorado's Medicaid program) or Child Health Plan Plus (CHP+) medical coverage. This temporary coverage lasts at least 45 days during the processing of the requested Medical Assistance application. One MUST apply at an approved site for qualification. Use web site to search for a location.	line  Presumptive Eligibility: Medicaid and CHP+ Phone: 1-800-221-3943 State Relay: 711 https://hcpf.colorado.gov/presumptive-eligibility

MEDICAL continued		
Organization	Description	Contact Information
Multiple Sclerosis (MS) Self Help "Parker Pals"	Peer led self-help group brings people together who share common life experiences for support, education and mutual aid. Provides a safe confidential environment to share your thoughts, concerns and how you have been coping with your MS. Community speakers are sometimes brought in to provide local education opportunities. Family, significant others, caregivers and friends are welcome to attend. In person meetings are held at Parker Library, 2nd floor conference room on the second Friday of each month at 11:30 AM – 1:30 PM. Remote meetings via Zoom on the last Monday of each month. Call or email for details.	Multiple Sclerosis (MS) Self Help "Parker Pals" Phone: 720-408-0615 (text, call or leave message) Email: Stephbeaucond@gmail.com www.nationalmssociety.org/Chapters/C OC/Groups-and- Discussions/Programs/Parker-Pals-Self- Help-Group
OmniSalud	OmniSalud provides undocumented Coloradans and DACA recipients who do not qualify for any other state program, such as Medicaid and financial assistance through Connect for Health Colorado, a safe way to compare and buy affordable health insurance through the secure platform. Certified, local experts speak your language, can answer questions, and will help with the application – all free of charge. They will NOT ask for your immigration status when you apply for a health insurance plan through OmniSalud and enroll through Colorado Connect. The information you provide when applying cannot be used for immigration enforcement.	OmniSalud Phone: 855-675-2626 Hours: 8 AM – 6 PM https://connectforhealthco.com/get-started/omnisalud-help/

MEDICAL continued		
Organization	Description	Contact Information
Planned Parenthood of the Rocky Mountains	Clinics offer general health care for adults and teens. This includes wellness exams, cancer screening, family planning services (pregnancy testing/all-options counseling), STD testing/treatment, HIV testing and more. Can choose in-person visits or via telehealth online appointments. Accept nearly all health insurance plans; affordable options if no coverage. Services, days and hours open vary by location; call or check website (Search location by city or zip code).	Planned Parenthood of the Rocky Mountains Aurora: 1284 S. Abilene St. Aurora, CO 80012 Phone: 303-671-7526  Littleton: 131 W. County Line Rd Littleton, CO 80129 Phone: 303-798-0963 Toll-Free Phone: 1-800-230-7526 www.pprm.org
Project Angel Heart	Prepares and delivers 7 frozen meals per week to qualifying clients. Clients must have a current diagnosis of a severe illness such as cancer, HIV/AIDS, end stage renal disease, CHF, multiple sclerosis, high-risk pregnancy, dementia or other such illness. Meals are FREE and family members under 18 can also receive meals. Delivery to Parker, Elizabeth, and Franktown areas. See website for a complete list of eligibility requirements. Application requires a doctor's consent.	Project Angel Heart Denver office & kitchen 4950 Washington St. Denver, CO 80216 Phone: 303-830-0202  Apply Online at: www.projectangelheart.org/apply-now

MEDICAL continued		
Organization	Description	Contact Information
Ray of Hope Cancer Foundation	Denver nonprofit dedicated to alleviating the financial and mental health burdens faced by Colorado cancer patients.  Provides grants to patients struggling to meet basic needs while undergoing cancer treatments and lessen the financial stresses imposed by extensive time off work and mounting medical bills.	Ray of Hope Cancer Foundation 1385 S. Colorado Blvd., Ste. 108 Denver, CO 80222 Phone: 303-835-2568 www.rayofhopecolorado.org
Shield Healthcare	Select from thousands of brand-name products for incontinence, ostomy, urological, enteral nutrition and more. Direct billing to Medicare, Medicaid and private insurance. Online orders 24 hrs./day, free shipping with most insurance plans.	Shield Healthcare Phone: 1-800-765-8775 www.shieldhealthcare.com
South Metro Medical Equipment Loan Closet	Provides used durable medical equipment to adults (age 18 and over) in the metro area of Denver on a short-term basis.  Donation to the organization requested. Equipment available may include: wheelchairs, crutches, walkers, canes, hospital beds, knee cruiser, extended grabbers, toilet seat risers & stabilizers, shower chairs, chairs to move into/out of a bathtub, and other items. Call listed numbers to request equipment appointment or inquire about equipment available for permanent in-home use for suggested donation amount.  Hours: M-F, 9 AM –5 PM.	South Metro Medical Equipment Loan Closet 6825 S. Dallas Ct. Greenwood Village, CO 80112 Equipment Loan Phone: 720-443-2013 Permanent Equipment Ph: 303-549-1932 www.medicalequipmentloan.org
STRIDE Community Health Center	Addresses the need for affordable and accessible medical, behavioral health, pharmacy and dental care among low-income, uninsured and underserved populations residing outside the city and county of Denver. Current service area includes Aurora, Arvada, Englewood, Golden, Lakewood, Parker and Wheat Ridge. Twenty center locations provide primary medical care, dental care, behavioral health, pharmacy and wrap around services, including five School Based Health Centers (SBHC) and a mobile dental van. Now offering telephonic and televideo visits. No charge for COVID testing. Days and times open vary by location; must call for appointments. Check web site or call for details.	STRIDE Community Health Center Phone: 303-778-7433 www.stridechc.org  Parker Location: STRIDE Community Health Center 17866 Cottonwood Dr. Parker CO 80134 Administration Ph: 303-761-1977 PT Line: 303-360-6276

MEDICAL / DENTAL		
Organization	Description	Contact Information
Ardas Family Dental	Accepts Medicaid; all ages. Does NOT accept Medicare or CHP+	Ardas Family Dental 10233 S. Parker Rd., Ste. 205 Parker CO 80134 Phone: 720-459-8420 www.ardasfamilydental.com
Canyon Ridge Pediatric Dentistry	Pediatric dentistry for children under age 21. Accepts Medicaid and CHP.	Canyon Ridge Pediatric Dentistry 19551 Hess Road, #110 Parker, CO 80134 Phone: 303-841-7900 www.canyonridgepediatricdentistry.com
Comfort Dental Care Day	Accepts Medicaid; age 4 and above. Annual Dental Day in late December each year, check web site for details in the fall. On that day, patients will receive one free simple procedure that can be done in one hour (e.g., one filling, a cleaning or simple extraction) on a first come, first served basis. ALL Comfort Dental offices participate; call for more information.	Comfort Dental Care Day 12870 Stroh Ranch Ct. Parker, CO 80134 Phone: 303-840-6543 www.comfortdental/parker
Dental Lifeline Network (Donated Dental Services)	National nonprofit providing dental care and education. You must meet one of the following criteria to qualify: 1) over 65 years of age, 2) permanently disabled, 3) need medically necessary dental care. Care will be provided by volunteer dentists and labs. NOTE: Veterans and persons who have documentation from doctor stating they cannot receive essential medical treatment due to dental condition can apply even if county is closed to applications. Visit web site for details and application.	Dental Lifeline Network Colorado Program Contacts Inside Denver Metro Area Hayden Kindschi, DDS Coordinator (303) 534-3931 Hkindschi@DentalLifeline.org Outside Denver Metro: 303-534-3863 Erin Noah-Verser, DDS Coordinator Enoahverser@Dentalifeline.org https://dentallifeline.org/colorado

MEDICAL / DENTAL continued		
Organization	Description	Contact Information
Dentists who accept Medicaid (Health First Colorado)	Information on dentists who accept Medicaid are available by calling or going online. Call the dentist for specifics, and to confirm he/she is accepting new patients or visit web site and click on "Find Doctors"	Colorado Dept. of Health Care Policy & Financing Medicaid Customer Service Toll Free: 800-221-3943 www.Colorado.gov/hcpf
Downtown Parker Dental	Accepts Medicaid; all ages.	Downtown Parker Dental 11027 S. Pikes Peak Dr., #105 Parker CO 80138 Phone: 303-699-6100 www.downtownparkerdental.com
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: hearing aids, eyeglasses, dental, mobility equipment, clothing, daycare, prescriptions, medical equipment, prosthetics and more. They also have a specific program for Transplant Medications, General Transplant and a Single Parents Empowered Program. The Single Parents Empowered Program will consider one-time assistance to employed single parents in Colorado who are experiencing a crisis (employment or other income interruption) which threatens their continued independence. Application available online. Applications MUST be filled out by agency professional on behalf of the applicant (i.e., caseworkers, case managers, health care workers, social workers, counselors, teachers, clergy.) Parker Task Force volunteers are considered professionals who can apply for applicant. If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
Inner City Health Center	Inner City Health Center is a private, non-profit, Christ-centered, volunteer-based health care facility dedicated to providing quality low-cost services, regardless of ability to pay. A volunteer health team provides all services at the clinic. Services range from <b>dental care</b> , family practice and specialty care.  Open: M-F, 8 AM – 5 PM.	Primary Clinic 3800 York St, Denver, CO 80205 Dental Phone: 303-296-4873 https://innercityhealth.org

MEDICAL / DENTAL continued		
Organization	Description	Contact Information
Little Rockies Kids Dental	Pediatric dental practice conceived and dedicated to serving infants, children, teens and those with special needs. Accepts Medicaid and CHP+.	Little Rockies Kids Dental 10371 Parkglenn Way, Suite 260 Parker, CO 80138 Phone: 720-638-6114 www.littlerockieskidsdental.com
Orthodontic Smilemaker	Accepts Medicaid; all ages.	Orthodontic Smilemaker 10522 South Parker Road Parker, CO 80134 Phone: 303-841-2100 www.orthodonticsmilemaker.com
Smile Studio Orthodontics	Accepts Medicaid for those under age 21.	Smile Studio Orthodontics 10450 S Progress Way, #100 Parker, CO 80134 Phone: 720-780-0865 www.coloradosmilestudio.com
Stride Community Health Center	Accepts Medicaid, all ages including dental. Must call for appointment.	Stride Community Health Center 17866 Cottonwood Drive Parker, CO 80134 Phone: 303-360-6276 www.stridechc.org
Total Orthodontics (TOgether Project - TOP)	Coordinates the non-profit organization TOP that provides free orthodontic and pediatric dental care for 10-12 patients per year, ages 11-18, who are unable to afford treatment. Must meet financial standards and application approval. Those selected are required to complete a "Pay It Forward Project" while in treatment. See website or call for information.	Total Orthodontics TOgether Project - TOP 10450 Park Meadows Dr., #300 Lone Tree, CO 80124 Phone: 303-779-0565 TOP Phone: 303-520-8650 https://total- orthodontics.com/togetherproject/

MEDICAL / HEARING		
Organization	Description	Contact Information
Hearing Associates	Offers "Care to Hear" program to help those in need of hearing healthcare who cannot afford it. Includes screenings, finding new and used hearing aids, evaluating donated hearing aids, communications skills, counseling and tinnitus and dizziness treatment. Reduced costs for: screenings, finding new and used hearing aids, evaluating donated hearing aids, communication skills counseling, tinnitus and dizziness treatment.	Hearing Associates 10233 W. Parker Rd., #202 Parker, CO 80134 Phone: 720-842-1890 or 720-823-4310 www.myhearingassociates.com
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: <b>hearing aids</b> , eyeglasses, dental, mobility equipment, clothing, daycare, prescriptions, medical equipment, prosthetics and more. Application available online. Applications MUST be filled out by agency professional on behalf of the applicant (i.e., caseworkers, case managers, health care workers, social workers, counselors, teachers, clergy.) Parker Task Force volunteers considered professionals who can apply for applicant. If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
Medicaid (Health First CO)	Audiology services to include hearing aids and cochlear implants for ages 20 and under. Information on web site; click on "Benefits."  Apply for Colorado Medicaid at: www.healthfirstcolorado.com  Verify qualification and apply online at:  https://coloradopeak.secure.force.com	Health First Colorado Phone: 800-221-3943 State Relay: 711 Enrollment: 888-367-6557 (outside Denver) www.healthfirstcolorado.com
Rocky Mountain ENT Associates - Centennial	Accepts Medicaid; referral required.	Rocky Mountain ENT Associates - Centennial 14100 E. Arapahoe Rd. Centennial, CO 80112 Phone: 720-979-0855 www.healthonephysiciangroup.com

MEDICAL / MENTAL HEALTH		
Organization	Description	Contact Information
	ntion Hotline: 988 or 1-800-273-8255. In Colorado call: 844-493-8 Text Line at 38255 OR Text HOME to 741741.	8255. Physical health crisis call: 911
AllHealth Network	Nonprofit offering compassionate mental health services for all ages. Includes Counseling services, Psychiatry, Resiliency Program for Children and Families, Crisis services, Acute Treatment Unit, Substance Use services, Community Wellness, Criminal Justice Programs, School Based services and Pharmacy. Accepts private insurance, Medicaid, Medicare and has alternative payment options.  Parker Dransfeldt Road Location offers: Adult and Older Adult Therapy, Adolescent Substance Use Treatment, Substance Use Treatment, Child and Family Therapy, Case Management and Community Support, Early Childhood Treatment, Psychiatry.  Parker Crown Point Plaza offers: Early Childhood Therapy, Child and Adolescent Therapy, Therapy for Adults, Family Therapy, Group Therapy, Psychiatry.	AllHealth Network Appointments & Info: 303-730-8858 Client 24-hr. Crisis Line: 303-730-3303 Colorado Crisis Services: 1-844-493-8255 OR Text TALK to 38255 www.allhealthnetwork.org  AllHealth Crisis Walk-in Center 6509 S. Santa Fe Dr. Littleton, CO. 80120  AllHealth Network - Parker Locations 10350 Dransfeldt Road Parker, CO 80134 Phone: (303) 730-8858  Crown Point Plaza 9235 Crown Crest Blvd. #250 Parker, CO 80138 Phone: (303)730-8858
Colorado Crisis Services	Colorado Crisis Services is the statewide behavioral health crisis response system offering residents mental health, substance use or emotional crisis help, information and referrals. Its mission is to strengthen Colorado's mental health system by providing Coloradans with greater access to crisis services wherever they are at 24/7/365 regardless of ability to pay.	Colorado Crisis line 844-493-TALK (8255) Text TALK to 38255

MEDICAL / MEN	TAL HEALTH continued	
Organization	Description	Contact Information
Crisis Text Line	Topics include Anxiety, Depression, Eating Disorders, Emotional Abuse, Loneliness, Self-Harm, or Suicide. Every texter is connected with a Crisis Counselor (all trained volunteers) to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving.	Crisis Text Line Text HOME to 741741 www.crisistextline.org
Safe2TellCO	Safe2TellCO offers community members or students a way to make an anonymous report regarding anything that makes the person concerned about their safety or the safety of others. May be used for anything affecting safety, i.e., anger issues, child abuse, animal cruelty, bullying to name a few. Download the Safe2TellCO app to submit anonymous reports.	Safe2TellCO Safe2Tell Report Line: 1-877-542-7233 www.safe2tell.org
FreedomChoice,LLC	Freedom Choice is organized around the understanding that psychological and physical health are intertwined, and that proactive, prevention-oriented services, as well as direct treatment of acute and chronic care, through an in-home delivery system, best facilitates comprehensive, personal health development. Their counselors support patients in developing comprehensive, personalized health care programs. Their focus is assisting in the areas of PTSD, Suicide Prevention, Anxiety, Depression, Bi-polar, Mental Health, and Family Counseling for spouses and children. All done in the comfort of your home or via Telehealth. They will see you however you are most comfortable.	FreedomChoice, LLC Phone: 720-213-5955 email: info@freedomchoicehealth.com www.freedomchoicehealth.com

MEDICAL / MEN	TAL HEALTH continued	
Organization	Description	Contact Information
FreedomChoice,LLC	Freedom Choice is organized around the understanding that psychological and physical health are intertwined, and that proactive, prevention-oriented services, as well as direct treatment of acute and chronic care, through an in-home delivery system, best facilitates comprehensive, personal health development. Their counselors support patients in developing comprehensive, personalized health care programs. Their focus is assisting in the areas of PTSD, Suicide Prevention, Anxiety, Depression, Bi-polar, Mental Health, and Family Counseling for spouses and children. All done in the comfort of your home or via Telehealth. They will see you however you are most comfortable.	FreedomChoice, LLC Phone: 720-213-5955 email: info@freedomchoicehealth.com www.freedomchoicehealth.com
Highlands Behavioral Health System	Highlands Behavioral Health System is an 86-bed freestanding behavioral health hospital offering psychiatric care for adults and adolescents ages 11 and older. The facility is easily accessible to families throughout the Denver metro area. Clinical services are delivered by experienced mental health professionals. The facility is open for admission 24/7. Confidential level of care assessments provided at no charge. Walk-ins are welcome, however scheduled appointments are preferred.	Highlands Behavioral Health System 8565 S Poplar Way Littleton, CO 80130 Phone: 720-348-2800 Fax: 720-348-2840 https://highlandsbhs.com

MEDICAL / MENTAL HEALTH continued		
Organization	Description	Contact Information
National Alliance on Mental Illness (NAMI) Arapahoe/Douglas	Provides education, support, advocacy and recovery for families, individuals, friends, and caregivers whose lives are impacted by mental illness. This local affiliate provides various classes, education courses, support groups, and resource information for locating housing, jobs, and rehabilitation. Check website for detailed information.	NAMI Arapahoe/Douglas Phone: 303-991-7688 155 Inverness Drive West, Ste. 205 Englewood, CO 80112 www.namiadco.org
Veteran's Crisis Line	The Veterans Crisis Line is a FREE service, staffed by trained VA responders, providing phone, online chat, and text-messaging service available to all Veterans. No need to be registered with the U.S. Department of Veterans Affairs (VA) or enrolled in VA health care. Hundreds of Veterans call us every day and start to get back on track. Crisis feels different for everybody. It can happen from a wide range of situations. Problems can happen before, during, or after military service. Helps Veterans facing problems such as chronic pain, anxiety, depression, sleeplessness, anger and homelessness. Veteran's Crisis Line responders can give support day or night.	Veteran's Crisis Line www.veteranscrisisline.net Dial 988 then Press 1 or TEXT 838255 or go to website and click on the link to chat online.  NOTE: Can be used by a veteran or anyone concerned about a vet!

MEDICAL / PRESCRIPTIONS		
Organization	Description	Contact Information
providers, etc., to provid time to explore as many medications, and service inquiring, know the nam prescription coverage in	e free, nearly free, or discounted medications to people who cannot a programs as possible so you can find the one(s) that best suit your ness vary greatly. Most programs are for low income, uninsured or und the (brand and generic, if exists) of all your medications. Have your information ready. The following are sources of information about matempanies can be contacted directly for their programs.	afford to pay for their prescriptions. Take needs, as the qualifying criteria, erinsured, but some have exceptions. When come details and your insurance
Douglas County CO Prescription Drug Discount Card	Card is a free statewide discount prescription assistance program to help uninsured and underinsured residents. No income, age, pre-existing condition, deductible, or waiting period. Program is designed for those nationwide who do not have prescription drug coverage, have coverage with large deductibles, large co-pays, formulary and dosing limitations, gaps and/or cash-out-of-pocket expenses. To print your card, and for further information, visit the website.	To Print Your Rx Card: www.coloradodrugcard.com/create (click Get Card)
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: hearing aids, eyeglasses, dental, mobility equipment, clothing, daycare, prescriptions, medical equipment, prosthetics and more. Applications MUST be filled out by agency professional on behalf of the applicant (i.e., caseworkers, case managers, health care workers, social workers, counselors, teachers, clergy.) Parker Task Force volunteers are considered professionals who can apply for applicant. If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
Live Healthy Discount Program	Program offers savings on prescriptions and services to support individuals and families. Supported by nationwide participating county governments and the National Association of Counties (NACo.) To print your card and for further information, visit the website.	Live Healthy Discount Program Phone: 1-877-573-2395 www.nacorx.org
MAKOA	Lists many discount drug card programs, many PAPs, and other sources of help with prescription costs.	MAKOA www.makoa.org.freemedicine.htm

MEDICAL / PRESCRIPTIONS continued			
Organization	Description	Contact Information	
pharmacy and type of dr	Drug store and grocery store pharmacies offer generic (and some brand name) medications at reduced rates. Prices really vary by pharmacy and type of drug - comparison shop for each medication at each store. Some may have an annual membership fee and others do not. Even if you have insurance coverage or a high co-pay it's suggested you price comparison shop for prescription medication.		
Many pharmaceutical con	npanies can be contacted directly for their programs.		
Help with Medicare	Program is available to low income seniors who are already	Social Security Administration	
Prescription Drug	enrolled in Medicare and have limited resources and	Phone: 800-772-1213	
Costs	income. Visit the web site for information to learn about help	https://www.ssa.gov/benefits/medicare	
	with prescription drug costs. Call 1-800-772-1213 (TTY 1-800-	/prescriptionhelp.html	
	325-0778) to apply over the phone. You can also request a paper		
	application, or you can schedule an appointment to apply at your		
	local Social Security office. Hours: M-F, 8 AM-7 PM		
Rx Assist	A current and comprehensive directory of Patient Assistance	Rx Assist	
	Programs (PAPs) run by pharmaceutical companies providing	www.rxassist.org	
	free medications to people who cannot afford to buy their		
	medicine. Large online database to research medications by		
	brand name, generic name and/or the pharmaceutical company's		
Des Control I	name and other information on medical savings programs.	Rx Outreach	
Rx Outreach	Fully licensed non-profit mail order pharmacy, usually shipping medications 30-180 days at a time. No membership or standard	Phone (from landline): 1-888-796-1234	
	shipping fees. Available to qualifying individuals or families;	Phone (from cellphone): 314-222-0472	
	check eligibility online. Patients can be on Medicare, Medicaid or	www.RxOutreach.org	
	other health insurance. Complete simple enrollment online, by	www.nxoutieacii.org	
	phone or paper application.		
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MEDICAL / TRANSPORTATION		
Organization	Description	Contact Information
Aging Resources of Douglas County	Screened and trained volunteer driver program offering rides throughout Douglas County for residents 60 and older.  Volunteers use personal vehicles to drive clients to medical appointments, local errands and social outings. Must apply for services before calling to request transportation. Call to request transportation at least five working days prior to needed ride. Hours: M-F, 8 AM – 4:30 PM.	Aging Resources of Douglas County 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 www.dcneighbornetwork.org
Intelliride (Non-Emergency Medical Transportation)	Provides non-emergency transportation to Health First Colorado (Medicare & Medicaid) Patients. All transportation requests and mileage reimbursements should be <u>scheduled at least three business days before appointment</u> . Check website for details. May also qualify for non-medical RTD bus and rail services. Medical providers can also request urgent transport to/from a critical unplanned appointment.	Intelliride (Non-Emergency Medical Transportation) Phone: 303-398-2155; 720-279-3830 Toll Free: 1-855-489-4999 to schedule M-F, 8 AM – 5 PM. State Relay: 711 www.gointelliride.com/colorado/

MEDICAL / VISION		
Organization	Description	Contact Information
Colorado Lions KidSight Program	This Program provides free vision screening and follow-up for children 6 months through 6 years old. The program also provides information and education to parents about the importance of good vision for children.	Colorado Lions KidSight Program 8200 S. Quebec St. #A3-704 Centennial, CO 80112 Phone: 720-325-7078 E-mail: vision@kidsightcolorado.org www.kidsightcolorado.org
EyeCare America	Program provides eye exams through volunteer ophthalmologists. Senior program connects eligible seniors, 65 and older, to no cost medical eye exams and up to one-year follow-ups for diagnosed conditions. Glaucoma program provides eye exam at no cost to those eligible and uninsured. Does not cover eyeglass prescriptions or cost of eyeglasses. See website or call for further details; M-F, 8 AM – Noon (Pacific)	EyeCare America Phone: 877-887-6327 www.aao.org/eyecare-america
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: hearing aids, eyeglasses, dental, mobility equipment, clothing, daycare, prescriptions, medical equipment, prosthetics and more. Applications MUST be filled out by agency professional on behalf of the applicant (i.e., caseworkers, case managers, health care workers, social workers, counselors, teachers, clergy.) Parker Task Force volunteers are considered professionals who can apply for applicant. If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
InfantSEE	Offers free one-time comprehensive eye assessment for infants 6-12 months old to detect potential eye or vision problems. See web site for details; click: Parents Center.	InfantSEE Phone: 888-396-3937 Email: infantsee@aoa.org www.infantsee.org
Look Optical	Accepts Medicaid. Under 21 for exam and glasses; exam only for 21 and over. Voucher applications are only on the website and must be submitted by social service agencies, school nurses or health advocates. If approved, they order a high-quality pair of eyeglasses through the online dispenser. Hours: M-F, 9 AM-6 PM; Saturdays, 9 AM-2:30 PM.	Look Optical 3130 S. Parker Rd. Aurora, CO 80014 Phone: 303-752-2662 www.lookoptical.com

MEDICAL / VISI	MEDICAL / VISION continued		
Organization	Description	Contact Information	
New Eyes	A non-profit organization to improve the vision and provide glasses for those who have no other resources and have a prescription dated within 24 months, including their pupillary distance (PD) measurement before applying. All age groups. Voucher applications are only on the website. It is optimal for social service agencies/health advocates to apply for clients. If there is no access to an agency, one may apply directly but must provide proof of eligibility. All applications will be screened for financial need; approved applicants pay no out-of-pocket costs for their New Eye glasses. Does not pay for eye exams. See website for further details.	New Eyes Phone: 973-376-4903 www.new-eyes.org	
Pearle Vision Parker	Accepts Medicare and Medicaid.	Pearle Vision Parker Parker Valley Center 11211 S. Dransfeldt Rd., #125 Parker, CO 80134 Phone: 303-840-2118 www.pearlevisionparker.com	
VSP Eyes of Hope	A Vision Service Plan (VSP) gift certificate provides quality eye care and glasses to persons who are low income and uninsured (including coverage through a government program). Operates through a national network of community partners who identify children in need and refer to network VSP eye doctors. Student through age 19 must contact and go through school nurse. Contact your child's school nurse for request to VSP Sight for Students certificate. Adults are requested to locate a local VSP doctor. See website for qualifications and further details.	VSP Eyes of Hope Phone: 800-852-7600 www.vspvision.com/eyes-of-hope/get-help	

PC HELP		
Organization	Description	Contact Information
Affordable Connectivity Program	The cost of high-speed internet is fully covered for eligible families under the new Infrastructure Law. Qualifications based on household income. Those who participate in Lifeline or other government assistance programs such as SNAP, Medicaid, WIC, free or reduced lunch, etc., are eligible. ACP will provide up to \$30 per month off of internet bills. Leading internet providers offer high-speed internet for no more than \$30 per month for eligible families. Pairing the internet provider \$30 plan with the ACP \$30 off, results in free internet. Visit the website to apply online.	Affordable Connectivity Program www.affordableconnectivity.gov
Internet Essentials from Comcast	Internet Essentials from Comcast brings affordable Internet into the homes of eligible low-income families. This program provides Internet connection and in-home WIFI (for \$9.95/mo. + tax) to clients eligible for their Family Program (National School Lunch Program recipients), Community College Students Program (Pell Grant recipients) and Housing Assistance Program (HUD eligible clients). Approved Internet Essentials customers may also purchase a desktop or laptop computer for \$149.99 + tax. To apply visit web site or call for assistance.	Internet Essentials from Comcast Phone: 1-855-846-8376 Email: Internet_Essentials@comcast.com www.internetessentials.com
More Life Center – LifeByte Computer Services	Having problems with your PC and don't know how to fix it? Team of tech volunteers hosts monthly LifeByte events addressing computer issues such as: operating system problems, applications, hardware, internet apps, etc. Hours: Every 3rd Saturday; Drop Off Time: 9-10 AM Pick Up Time: 1:30-2PM, in the church on the west side.	More Life Center Colorado Community Church 14100 E. Jewell Ave. Aurora, CO 80014 Phone: 720-748-0257 https://coloradocommunity.org/mlcc

PETS		
Organization	Description	Contact Information
The Bailey Project - Gateway Shelter for Battered Women & Children	The Bailey Project helps women with children to leave abusive homes and receive emergency shelter, counseling and residential care while still enjoying the love and comfort of the family's pets. Serves Aurora and Arapahoe counties.	The Bailey Project Crisis Line: 303-343-1851 Admin Phone: 303-343-1856 www.GatewayShelter.org
Dumb Friends League - Buddy Center	Buddy Center Shelter for homeless pets offers adoptions, pet intake, lost-and-found services, behavior programs and humane education classes for the public.	Buddy Center 4556 Castleton Court Castle Rock, CO 80109 Phone: 303-751-5772 www.ddfl.org/buddy-center
Harley's Hope Foundation	Comprehensive listing of pet-related resources in Colorado, including those who provide services for low or fixed-income clients.	Harley's Hope Foundation Phone: 719-495-6083 Email: info@harleys-hopefoundation.org www.harleys-hopefoundation.org
Dumb Friends League Veterinary Hospital at CSU Spur	The Dumb Friends League Veterinary Hospital at CSU Spur offers donor-subsidized services for sick and injured pets whose owners need help with the cost of necessary medical care. Our mission is to prevent and alleviate suffering in pets and to keep families together. Urgent care services for owned cats and dogs by appointment, including non-elective surgery and dentistry. Same day appointments available; call early to schedule. Animal Hospital Hours: M-Th, 7 AM – 6 PM, space limited.	Dumb Friends League Veterinary Hospital at CSU Spur 4817 National Western Drive Denver, CO 80223 Phone: 303-722-5800 www.ddfl.org/solutionsvh
Pets of the Homeless	Works with local food banks to distribute pet food and supplies to those in need. Visit web site for nearby locations.	Help & Hope Center www.petsofthehomeless.org

SENIORS		
Organization	Description	Contact Information
AARP	The AARP web site provides online information, services and tools to help people 50+ offering information on a broad range of topics, including information that can assist seniors in finding employment, answers to financial planning questions, guidance on health and wellness, tips for coping with difficult life transition, online courses. Offers \$24 Driver Safety course that may qualify residents of Colorado 55 years and older for a 3-year discount on auto policy premiums. To learn more visit www.aarpdriversafety.org	AARP Toll Free: 888-687-2277 Driver's Safety Course: 800-350-7025 www.aarp.org
Aging Resources of Douglas County	Nonprofit dedicated to providing FREE services, resources, and information that allow older people to stay independent and in their own homes as long as is safely possible. Transportation, grocery shopping, companionship, handyman/chores, call center services allow seniors age 60+ and adults with disabilities to stay in their homes as long as possible. See web site for application. Open M-F, 8 AM– 4:30 PM	Aging Resources of Douglas County 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 E-mail: ardc@douglas.co.us www.agingresourcesdougco.org
Alzheimer's Association - Colorado Chapter	Colorado's primary source for information and support for people living with Alzheimer's, their families and caregivers. Services include: free 24-hour helpline, access to trained counselors, educational programs and research.	Alzheimer's Association - Colorado Chapter 455 Sherman St., #500 Denver, CO 80203 Phone: 303-813-1669 24/7 Helpline: 1-800-272-3900 www.alz.org/co
Benefits Check Up	A free, confidential online tool that helps older adults and people with disabilities find benefits programs they might be eligible for depending on their location and circumstances. Benefits can be financial (prescriptions, utilities, health care, or tax cuts), help with meals and medical needs in one's home, help with transportation, etc. The site also lists, by location, a variety of senior housing options (nursing homes, home health care, retirement communities, etc.)	Benefits Check Up www.BenefitsCheckUp.org Health Passport Links Phone: 303-629-4996 Helpline: 1-800-794-6559; M-F, 9 AM-5 PM, EST

SENIORS continued		
Organization	Description	Contact Information
Castle Rock Senior Center	Offers a variety of active clubs and programs, including transportation for seniors age 50+, hot lunch on TTh at 11:30 AM (no need to sign up in advance; \$2.50 contribution suggested). Meals on Wheels: Frozen meal delivery (Volunteers of America program) for residents of Douglas County who are under 60 and no longer driving. No income restrictions but a voluntary contribution of \$2.50/meal is suggested. Once a week, five lowfat, low-sodium frozen meals are delivered (e.g., deliveries to Parker on Tuesdays). To apply, call the Castle Rock Senior Center, M-F, 8:30 AM – 4 PM.	Castle Rock Senior Activity Center 2323 N. Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 www.CastleRockSeniorCenter.org  Meals on Wheels Phone: 303-688-9498
Colorado Gerontological Society	Helping older adults and families navigate the aging services system including long term care, caregiving, housing, financial services, advance care planning, and legal services. Provides educational programs for older adults to access care, benefits and services. Grants for vision, hearing and dental services. Telephone Buddies and holiday programs. Assists older adults and families to complete applications for government benefits such as Medicare/Medicaid, utility assistance, food insecurity and economic security. Hours: M-F, 9 AM - 4 PM.	Colorado Gerontological Society 1129 Pennsylvania Street Denver, CO 80203 Ph: 855-293-6911 www.Senioranswers.org
Colorado Legal Services	CLS is a non-profit agency that provides free, high quality civil legal services to eligible low-income Colorado seniors, age 60 and over, with civil legal matters. Must meet certain income and asset limits. New applicants & walk-in hours: MTThF, 8:30 AM - 3 PM.	Colorado Legal Services 1905 Sherman St., Suite 400 Denver, CO Phone: 303-837-1313 www.coloradolegalservices.org
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and child care assistance programs.  Seniors may qualify for free help paying Medicare premiums.  Apply online: via eligibility form.	Colorado PEAK https://coloradopeak.secure.force.com

SENIORS continued		
Organization	Description	Contact Information
Colorado Property Tax/Rent/Heat Rebate Program - PTC Rebate	You might qualify for a partial rebate on property tax, rent, or heat if you have been a Colorado resident for the entire year, are age 65 or older, a surviving spouse at least 58, or disabled, and meet income requirements.	PTC Rebate - CO Department of Revenue https://tax.colorado.gov/PTC-rebate
Colorado VITA (Volunteer Income Tax Assistance)  TCE (Tax Counseling for the Elderly)	VITA and TCE provide FREE, CONFIDENTIAL and SECURE preparation and e-filing of Federal and State income taxes. Available for basic returns with income up to \$60,000. Prepare Federal and State income taxes on-line for free using your computer at home. IRS certified remote, VITA approved website run by the United Way and H&R Block. FREE phone and chat support from VITA and H&R Block volunteers is available.	Colorado VITA (Volunteer Income Tax Assistance) www.myfreetaxes.com www.coloradovita.org
Denver Regional Council of Governments - DRCOG - Area Agency on Aging & Disability Resources	Resource specialists offer information on community services for those 60 and over and can give hands-on assistance to anyone who cannot access resources on their own. Contact our Network of Care online provider directory at the web site below for more information.  https://denverregion.co.networkofcare.org/aging/services/inde x.aspx	DRCOG Area Agency on Aging & Disability Resources Phone: 303-480-6700 Toll Free: 866-950-3017 www.drcog.org https://drcog.org/programs/area-agency-aging/aging-and-disability-resource-center
Douglas County First Call	Information, assistance and referral phone line refers seniors and others to services and agencies across the county based on the caller's needs.	First Call Program 100 Third Street Castle Rock, CO 80104 Phone: 303-660-7519
Douglas County Senior Adult Services	Provided to at-risk-adults aged 18 and older who, due to age or disability, are unable to protect themselves and have no one to advocate on their behalf. The Adult Protection program deals with reports of Abuse – physical or sexual; Neglect – caregiver or self; and Financial Exploitation.	Douglas County Senior Adult Services Phone: 303-663-6270 www.douglas.co.us/human- services/assistance/adult-protection

SENIORS continued		
Organization	Description	Contact Information
Extra-Help from Medicare	"Extra Help' or the "low-income subsidy" (LIS) helps seniors pay for prescription drug premiums and other costs. Yearly income and resources must be below certain limits. Details are in the Medicare & You Handbook, Section 8.  Extra Help Explained: https://secure.ssa.gov/i1020/start	Extra-Help from Medicare Phone: 1-800-633-4227 https://secure.ssa.gov/i1020/start Social Security Office: Phone: 1-800-772-1213 or 1-800-325-0778 CO State Medicare Office Phone: 303-783-2002 www.colorado.gov/hcpf/our-members
Generations@Work Program	The Generations@Work Resource Center is a full-service center customized for the mature (50+) job seeker offering exclusive workshops, help finding full or part-time jobs and individual job search help. Visit web site for specifics.	Arapahoe/Douglas Works! https://www.adworks.org/job-seekers/programs/generationswork/
Health Insurance Counseling for Seniors	Counselors do not sell any specific insurance program but help you understand the different type of programs & determine which ones meet your needs. They navigate Medicare and Medicaid benefits, HMOs, supplemental insurance and Medigap plans, long-term care insurance plans & insurance appeals.	Health Insurance Counseling - Centura Health Toll Free: 800-544-9181
Health Passport Links	Trained and knowledgeable volunteers give free, confidential, one-on-one help navigating the many public and private health and benefit programs that are available to seniors. Helps seniors (ages 50+ and their relatives or caregivers living anywhere in Colorado) to find and apply for assistance programs that can save money. This phone-based program is especially helpful to anyone not equipped to sort through all the agencies and information available online. Can also greatly reduce the processing time and receipt of benefits.	Health Passport Links Phone: 303-629-4921

SENIORS continued		
Organization	Description	Contact Information
Hospital Equipment Lending Project (HELP) - Assistance League of Denver	All volunteer, nonprofit organization that provides hospital equipment for in-home rehabilitation with no charge to patient; equipment to be returned at end of rehab. Visit website for list of equipment; all items are sanitized before being released for distribution to new patients. Appointments preferred, M-Th, 9 AM – 1 PM; call or email aldenverhelp@gmail.com for a reservation.	Hospital Equipment Lending Project (HELP) - Assistance League of Denver 6265 East Evans, Suite #7 Denver, CO 80222 Phone: 720-598-6126 www.denver.assistanceleague.org Click: Community Service, then Health Services
Littleton Life Center Senior Connections	Activities alternate each week, including recreation, education, faith and community service, followed by a free lunch each week. Thursdays, 9:30 AM – 12 noon. All are invited; no residency restrictions. Offers a food bank on Tuesdays, 12 - 6 PM.	Littleton Life Center Senior Connections 5804 S. Datura St. Littleton, CO 80120 Phone: 303-953-7180 www.lifecenterlittleton.org
Meals on Wheels - Castle Rock Senior Center	For residents age 60+ and unable to drive. A \$2.50 donation is requested if the recipient's income allows such. No one is ever turned away. Call for more information.	Meals on Wheels Castle Rock Senior Center 2323 Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 Parker Ph: 303-294-0111
Medicare	A resource for seniors.	Medicare 24 hr. Helpline: 800-633-4227 www.Medicare.gov
Medicare Part D Assistance - Including Prescription Drug Costs	One-on-one help to make informed decisions about Part D. Help is also available to everyone with Medicare, regardless of income. Call or visit the website for assistance at: https://www.ssa.gov/open/data/Data-about-Extra-Help-with-Medicare-Prescription-Drug-Plan-Cost.html To apply, go to What help can I receive, call Social Security at 1-800-772-1213 to apply over the phone or request an application, or apply at your local Social Security office.	Social Security Administration Phone: 888-696-7213  Extra Help Explained: https://secure.ssa.gov/i1020/start

SENIORS continued		
Organization	Description	Contact Information
More Life Community Center	More Life Community Center is a community outreach ministry of Colorado Community Church. Ten free services are available for seniors: legal aid, food, health and wellness, employment search, housing support, addiction & relationship recovery, computer repair, and spiritual counseling.  CLOSED MONTH OF OCTOBER 2023 - REOPENS NOV. 12, 2023	More Life Community Center Colorado Community Church 14100 E. Jewell Ave. Aurora, CO 80012 Phone: 303-783-3838 Email: info@coloradocommunity.org https://coloradocommunity.org/mlcc
Neighbor Network A Service of Aging Resources of Douglas County	Screened and trained volunteer driver program offering rides throughout Douglas County. Volunteers use personal vehicles to drive clients to medical appointments, local errands and social outings. Call to request transportation at least five working days prior to needed ride. Wait list for new non-medical related transportation clients.	Neighbor Network 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 www.dcneighbornetwork.org
Old Age Pension - Colorado State Gov't	OAP provides financial assistance & may provide health care benefits to low-income adults age 60 or older. This is not a social security program – totally state funded. To qualify, one must have very limited income & few other resources. Call for details & information.	Old Age Pension Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 https://www.douglas.co.us/human-services/assistance/financial-assistance/old-age-pension/
Parker Senior Center	Offers many activities for active adults (age 50+). Everyone is welcome to join regardless of where they live. We offer fitness classes, line dance, games, crafts, group outings, and more. We have fun! Home cooked lunch, served M-F, 12 noon, for \$7. Meals are open to the public - you do not need to be a member or a senior for lunch. Yearly membership fee: \$48	Parker Senior Center 10675 Longs Way Parker, CO 80138 Phone: 303-841-5370 www.parkerseniorcenter.org

SENIORS continued		
Organization	Description	Contact Information
Project Angel Heart	Prepares and delivers 7 frozen meals per week to qualifying clients. Clients must have a current diagnosis of a severe illness such as cancer, HIV/AIDS, end stage renal disease, CHF, multiple sclerosis, high-risk pregnancy, dementia or other such illness. Meals are FREE and family members under 18 can also receive meals. Delivery to Parker, Elizabeth, and Franktown areas. See website for a complete list of eligibility requirements. Application requires a doctor's consent.	Project Angel Heart Denver office & kitchen 4950 Washington St. Denver, CO 80216 Phone: 303-830-0202  Apply Online at: www.projectangelheart.org/apply-now
Rebuilding Together Metro Denver	A local non-profit organization that offers free home repairs, basic weatherization, and home rehabilitation services to low income homeowners, in the Denver Metro area, who are seniors, disabled, or caring for a disabled family member. Programs include assistance with major home repairs that are done on a set day every April and October, routine home repairs which are offered year-round, and a year-round emergency program.	Rebuilding Together 2422 S Trenton Way, Unit A Denver, CO 80231 Phone: 720-524-0840 https://rtcolorado.org/
Reverse Mortgage Douglas County Housing Partnership	DCHP offers HUD certified counseling required for persons interested in obtaining a reverse mortgage. A Reverse mortgage, also called Home Equity Conversion Mortgage (HECM), is a loan for people above the age of 62 that uses some percentage of a home's equity as collateral in exchange for cash to the borrower most often in monthly payments. Typically, the loan is not repaid until the last surviving homeowner permanently moves from the home or passes away.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Phone: 303-784-7857 https://douglascountyhousingpartnership.org/reverse-mortgage/
Senior Health Care & Medicare Assistance - Colorado SHIP & SMP	The State Health Insurance Assistance Program (SHIP) helps Medicare enrollees navigate the Medicare system and provides FREE, unbiased one-on-one counseling and assistance to people and families using Medicare. Helps Medicare beneficiaries, their families, and caregivers to prevent, detect and report healthcare fraud, errors and abuse. Douglas County SHIP assistance is coordinated through Denver Regional Council of Governments.	State Health Insurance Assistance Program (SHIP) Phone: 303-480-6835 Toll Free: 888-696-7213 https://doi.colorado.gov/insurance- products/health-insurance/senior- health-care-medicare

SENIORS continued		
Organization	Description	Contact Information
Senior Reach	Senior Reach is an intervention program helping older adults (ages 60+) who are experiencing problematic mental and emotional states, poor health, social isolation, substance abuse, physical abuse, or neglect. Interpreter services available for all languages.  Walk-In Hours: T & W, 8 AM – 2 PM	Senior Reach Phone: 303-723-4289 www.seniorreach-ad.org See Also: AllHealth Network - Parker Location 10350 Dransfeldt Rd. Parker, C0 80134 Phone: 303-730-8858 Email: info@allhealthnetwork.org https://www.allhealthnetwork.org/locations/parker/dransfeldt/
Seniors Resource Guide	An online resource for seniors & caregivers consisting of regional & national information for seniors covering 76 topics in six categories: Senior Housing, Health at Home, Professional Services, Health Services, Care Management & Referral Services and Community Resources. Local resources such as local Senior News & Events, local city links and an about the region web page.	Seniors Resource Guide www.SeniorsResourceGuide.com
Silvernest	Provides a home share matching service for senior homeowners in search of qualified, prospective housemates. Also offers senior renters the opportunity to find well-matched senior homeowners looking for home share applicants. Charges a \$25 monthly subscription fee until a roommate is found.	Silvernest Phone: 866-757-NEST (6378) www.silvernest.com
Social Security - Disability Benefits	This program pays benefits to people with disabilities. Call or go online for requirements, instructions and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability www.socialsecurity.gov/disability
Senior Outreach Services - Douglas County First Call Program	First Call is a free information and referral line open to all Douglas County residents. Provides information via telephone and email about local service providers, community programs, and other useful tools to access community resources.	Senior Outreach Services Douglas County First Call 100 Third Street Castle Rock, CO 80109 Phone: 303-660-7519

SENIORS continued		
Organization	Description	Contact Information
South Metro Medical Equipment Loan Closet	Provides used durable medical equipment to adults (age 18 and over) in the metro area of Denver on a short-term basis.  Donation to the organization requested. Equipment available may include: wheelchairs, crutches, walkers, canes, hospital beds, knee cruiser, extended grabbers, toilet seat risers & stabilizers, shower chairs, chairs to move into/out of a bathtub, and other items. Please use form, or email listed, on the website to request equipment. Call for appointment: M-F, 9 AM –5 PM	South Metro Medical Equipment Loan Closet 6825 S. Dallas Ct. Greenwood Village, CO 80112 Phone: 720-443-2013 Email: info@medicalequipmentloan.org https://medicalequipmentloan.org
STRIDE Community Health Center	Addresses the need for affordable and accessible medical, behavioral health, pharmacy and dental care among low-income, uninsured and underserved populations residing outside the city and county of Denver. Center locations provide medical, dental, behavioral health, pharmacy and wrap around services, including School Based Health Centers (SBHC) and a mobile dental van. Offers telephonic and televideo visits. No charge for COVID testing. Days and times open vary by location; call for appointments. Check website or call for details.	STRIDE Community Health Center (CHC) Phone: 303-778-7433 www.stridechc.org  Parker Location: Pine Tree Health Center 17866 Cottonwood Dr. Parker, CO 80134 Phone: 303-360-6276
Sunshine Home Share Colorado	Sunshine Home Share Colorado is a non-profit organization helping homeowners utilize the extra space in their homes to generate income while helping to provide housing to someone needing an affordable rental. Must be 55 years or over. Serving the Denver metro area counties including Arapahoe County.	Sunshine Home Share Colorado Phone: 303-915-8264 www.sunshinehomeshare.org
Veterans Service Office	CO county Veterans Service Offices offer free assistance to veterans. Service Officers specialize in assisting veterans, and their family members, with claims, applications, and appeals to the VA. If you are considering requesting services or submitting an application to the VA, we strongly recommend that you contact your County's Veterans Service Office.	Veterans Service Office 301 Wilcox Street Castle Rock, CO 80109 Phone: 303-663-6200 Fax: 303-484-6257 https://vets.colorado.gov/services/ county-veterans-service-offices

SOCIAL SECURITY		
Organization	Description	Contact Information
Help with Medicare Prescription Drug Costs	The program is available to low income seniors who are already enrolled in Medicare. Visit the web site for information to learn about help with prescription drug costs.	Social Security Administration Phone: 800-772-1213 www.ssa.gov & www.socialsecurity.gov
Replacing Lost Social Security Cards, Name Changes	Call your local Social Security office or go online for instructions and an application for replacing a lost Social Security Card.	Social Security Administration 8000 Southpark Ln. Littleton, CO 80102 Phone: 800-772-1213 www.socialsecurity.gov
Social Security Administration	The Social Security Administration is the US Government Program responsible for administering the programs listed below.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Benefits	Anyone who has worked the required number of quarters and contributed enough into their Social Security account can file to receive monthly benefits. The amount of the benefit depends on how much was contributed into the account and when one starts receiving the benefits. Age 62 is the earliest anyone can start receiving benefits.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Disability Benefits	This program pays benefits to people with disabilities. Call or go online for requirements, instructions, and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability www.socialsecurity.gov/disability
Social Security - Supplemental Security Income	This program pays monthly benefits to seniors (age 65 and above) with limited income and few resources, to disabled adults (any age) with limited income and resources, and to all disabled children. These benefits are available to anyone who qualifies, even if they have never been employed.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Survivor Benefits	When a person who has worked and paid Social Security taxes dies, certain family members may be eligible for survivor benefits. For example, widow, widower, unmarried children, dependent parents age 62 or over.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov

SUBSTANCE ABUSE / ADDICTION / ALCOHOLISM		
Organization	Description	Contact Information
Alcoholics Anonymous - AA	Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. No dues or fees for AA membership. Call or visit web site for meeting dates, times & locations.	Alcoholics Anonymous Denver Area Central Committee 24-hr. Phone: 303-322-4440 www.daccaa.org
Al-Anon Family and Group Members	Al-Anon's purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative. There are no dues or fees. Please check the web site for meeting dates, times & locations.	Al-Anon Family and Group Members Phone: 303-321-8788 Phone: 888-425-2666 www.al-anon-co.org www.al-anon.alateen.org
AllHealth Network	A nonprofit healthcare that provides compassionate mental health and substances abuse services for all ages. Includes counseling, crisis services, psychiatry, rehab services, school-based counseling, services within and for the criminal justice system, substance abuse treatments, pharmacy services, and more. Accepts private insurance, Medicaid, Medicare and has alternative payment options. Locations in Castle Rock, Centennial, DTC, Englewood, Highlands Ranch, Littleton, and Parker. SAME-DAY INTAKE. See website for information.	AllHealth Network Appointments & Info: 303-730-8858 Client 24-hr. Crisis Line: 303-730-3303 Colorado Crisis Services: 1-844-493-8255 OR Text TALK to 38255 www.allhealthnetwork.org  AllHealth Network - Parker Location 10350 Dransfeldt Road Parker, CO 80134 Phone: 303-730-8858  Crown Point Plaza 8935 Crown Crest Blvd. #130 Parker, CO 80138 Phone: 303-730-8858

SUBSTANCE ABUSE / ADDICTION / ALCOHOLISM continued		
Organization	Description	Contact Information
Denver Springs Changes	Intensive outpatient program for children and adolescents, ages 12-17. Providing intensive therapy for young people most at risk for suicide and other mental health problems. Call or visit the website to request a confidential assessment by a qualified mental health professional. Most insurance accepted. Hours: M-F, 8 AM – 5 PM	Denver Springs Changes 16830 Northgate Dr., Ste. 130 Parker, CO 80134 Phone: 720-615-3791 https://denversprings.com/changes-op
Englewood Movement 5280	Faith-based nonprofit assisting at-risk youth and young adults with basic needs such as a safe place to rest, food, clothing, shower and hygiene, IDs/birth certificates/SS cards. Personal navigators help clients identify personal goals and dreams. Offers weekly Christian church service, bible studies and Christcentered recovery program for those who are interested.	Englewood Movement 5280 3485 S. Broadway Englewood, CO 80112 Phone: 720-248-7075 www.movement5280.org
Front Range Clinic "Life Beyond Addiction"	Front Range Clinic provides outpatient addiction treatment to people throughout Colorado. All calls are free and confidential. Serves all patients regardless of ability to pay; offers a sliding fee scale for medical and behavioral addiction services based on family size and income. Fully covered by Medicaid and Medicare (covered and no charge); accepts some insurance plans.	Front Range Clinic - Aurora 2224 S Fraser St., Unit 3 Aurora, Colorado 80014 Phone: 720-484-4428 www.frontrangemd.com
Narcotics Anonymous - NA	A nonprofit fellowship of recovering addicts, meeting regularly to help each other stay clean. Complete abstinence from all drugs. Only requirement for membership is the desire to stop using. Call or go online for meeting dates, times & locations.	Narcotics Anonymous Phone: 303-832-3784 www.nacolorado.org www.na.org
Rocky Mountain Crisis Partners	Independent, nonprofit organization providing a regional system of crisis intervention, offering skilled, hope-filled care to individuals and families in crisis. Free services offered through phone and electronic messaging. Coordinates Colorado's National Suicide Prevention Lifeline and helps with emotional and substance abuse issues. 24 hr. hotline.	Rocky Mountain Crisis Partners Phone: 1-844-493-TALK (8255) E-Messaging: Text TALK to 38255 P.O. Box 460695 Denver, CO 80246 https://rmcrisispartners.org

SUBSTANCE ABUSE / ADDICTION / ALCOHOLISM continued		
Organization	Description	Contact Information
Salvation Army Rehabilitation Center	Call 24/7 for help. Call during business hours for more information or to make an appointment. Inpatient care. No concurrent psychiatric disorder can exist. Must be 18 yrs. or older and sober. No detox facilities.	Salvation Rehabilitation Center 24 Hour Help Line: 303-293-3440 www.SalvationArmyUSA.org
Signal Behavioral Health Network	The Signal Network provides information on referrals for low cost or free treatment programs (both inpatient and outpatient) for low-income individuals who are dealing with alcohol or drug abuse problems. Supports behavioral care for youth and families with community-based mobile response and managing a network of walk-in centers, crisis stabilization units and crisis respite care.	Signal Behavioral Health Network 6130 Greenwood Plaza Blvd. Greenwood Village, CO 80111 Treatment Hotline: 303-639-9320 www.SignalBHN.org
Step Seven, Inc.	A faith-based recovery community helping men find freedom from their addictions and teaching them the leadership skills necessary to move forward.	Step Seven, Inc. 18632 Pony Express Drive Parker, CO 80134 Recorded Mgs: 888-330-1931 Phone: 303-840-0006 Email: Contact@stepseven.org www.stepseven.org

TAX PREPARAT	ION HELP	
Organization	Description	Contact Information
AARP Foundation Tax Aide Locator	Offers free tax preparation for low to moderate income taxpayers age 50 and older. AARP Foundation Tax-Aide Online Tax Assistance provides free online tax help.	AARP Foundation Tax Aide Locator Colorado Tax Aide: 866-554-5376 https://taxaideqa.aarp.org/
Castle Rock Senior Center	Free tax preparation to help low to middle income families of all ages. Assists with preparation of personal income tax forms. Assistance provided by AARP Tax Aides. Appointment required.	Castle Rock Senior Center 2323 Woodlands Blvd Castle Rock, CO 80104 Phone: 303-688-9498
Child Tax Credit	The Child Tax Credit is a credit that may reduce your tax liability (or give you added income) by as much as \$1,000 for each of your qualifying children.	Child Tax Credit www.irs.gov/individuals/Child-Tax- Credit
Colorado VITA (Volunteer Income Tax Assistance)  TCE (Tax Counseling for the Elderly)	VITA and TCE provide FREE, CONFIDENTIAL and SECURE preparation and e-filing of Federal and State income taxes. Available for basic returns with income up to \$56,000. Prepare Federal and State income taxes on-line for free using your computer at home. IRS certified remote, VITA approved website run by the United Way and H&R Block. FREE phone and chat support from VITA and H&R Block volunteers is available.	Colorado VITA (Volunteer Income Tax Assistance) Phone: 1-800-227-7669 www.myfreetaxes.com www.coloradovita.org
Earned Income Tax Credit - EITC	EITC is a refundable federal income tax credit for low to moderate-income working individuals and families who earned an income from employment, self-employment, or another source, and meet certain criteria	Earned Income Tax Credit www.irs.gov/eitc
Parker Senior Center	Free tax preparation help for low to middle income families of all ages. Assists with preparation of personal income tax forms. Assistance provided by AARP Tax Aides. Appointment required.	Parker Senior Center 10675 Longs Way Parker, CO 80138 Phone: 303-841-5370
The Piton Foundation - Tax Help Colorado	A complete list of free tax sites statewide is now available online. At these locations, IRS-certified tax preparers will prepare and electronically file ("e-file") your tax return at no cost if you earned less than \$50,000.	The Piton Foundation www.piton.org
United Way Helpline	For information on free or low cost tax preparation help.	United Way Helpline Phone: 211 www.UnitedWayDenver.org

TRANSPORTATION		
Organization	Description	Contact Information
Aging Resources of	Screened and trained volunteer-based driver program offering	Aging Resources of Douglas County
<b>Douglas County</b>	rides throughout Douglas County. Volunteers use personal	Neighbor Network
Neighbor Network	vehicles to drive clients to medical appointments, local errands	104 Fourth Street
	and social outings. Call to request transportation at least three	Castle Rock, CO 80104
	working days prior to needed ride; waiting list for new non-medical	Phone: 303-814-4300
	transportation clients. Office hours: M-F, 8 AM-4:30 PM	www.agingresourcesdougco.org
Denver Regional	<b>RTD-Discounted Fares:</b> Those over the age of 65, individuals	RTD
Transportation	with disabilities, those age 20 thru 64 with household income	Phone: 303-299-6000
District - RTD	below 185% of the Federal Poverty Level are eligible and should	Discount Fare Phone: 303-299-2667
	apply through PEAK (the state's public benefit website).	E-mail: specialdiscount@rtd-denver.co
	RTD Route 48: All day service from Parker to Lincoln Light Rail	www.RTD-Denver.com
	Station and Nine Mile Light Rail Station every 30 minutes (peak	www.parkeronline.org/1244/Public-
	hours) or every 60 minutes (mid-day hours).	Transportation
Outback Express	Wheelchair accessible, scheduled service offering transportation	Outback Express
	to older adults, persons with disabilities and the general public in	Phone: 719-348-5562
	<b>Elbert County</b> . Must call 24-hrs. in advance of ride; trips are	Toll Free: 800-825-0208
	charged at \$ .11 per mile.	www.eccog.com/outback-express
First Transit	Provides non-emergency transportation to doctor appointments	First Transit
	for Medicaid patients. Call for details.	Phone: 855-264-6368
Parker FlexRide	Parker FlexRide offers curb to curb transportation within many	Parker FlexRide
	areas of our community. Operates M-F from 6 AM – 6 PM. One-	Reserve Ride Phone: 303-299-6000;
	way fares: \$.90/kids ages 6-19, \$1.50/seniors and Medicare	Option 2
	recipients and \$3/adults. Up to 3 kids under age 5 free with fee-	https://www.rtd-
	paying adult. Active Military ride free! See web site for details.	denver.com/services/flexride
		https://www.douglas.co.us/community-
		services/services/need-a-ride/

UTILITIES / HEAT / PHONE / WATER		
Organization	Description	Contact Information
Colorado Lifeline EnTouch Wireless	Government assisted free phone services for qualifying Coloradans. Participants must be enrolled in a qualifying social service programs or meet income requirements. Phone hrs.: 8 am – 10 pm M-F; 8 am – 8 pm Sat; 10 am – 7 pm Sun (CST). Visit web site for Colorado coverage map and application information.	Colorado Lifeline EnTouch Wireless Phone: 1-866-488-8719 www.entouchwireless.com/states/ colorado-lifeline-free-phone-service
Colorado Medical Exemption Program - CMEP	The Colorado Medical Exemption Program (CMEP) provides lower electric rates to Xcel Energy customers who use lifesupport equipment in their households, or have medical conditions that require high power use to keep cool during the summer. <b>Apply by May 1</b> for summer cost savings.	Colorado Medical Exemption Program Chronic Care Collaborative–Energy Prog. Phone: 303-993-5056 Fax: 303-955-7538 www.chroniccarecollaborative.org/cmep
Colorado Public Utilities Commission	Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get at least \$9.25 toward either their phone or internet bill.	Colorado Public Utilities Commission Phone: 303-894-2000 http://www.lifelinesupport.org/ls/
Crisis Intervention Program – CIP	Clients are eligible for CIP's emergency help for furnace repair or replacement of a primary heating system, only after being accepted into the Low-Income Energy Assistance Program (LEAP). Call or go online for details.	<b>Low Income Energy Assistance Crisis Intervention Program</b> Phone: 866-432-8435 Douglas County: 303-688-4825
Energy Outreach Colorado - EOC	Offers possible help with heating bills. Contact them for help from May 1 thru Oct 31, between Nov 1 and Apr 30 you can contact them after you've applied for LEAP and either didn't qualify or need more assistance than LEAP provided. Call or go online for complete details for qualifying and locating an agency that may be able to assist you. Assistance can only be requested with past due balance on utility bills.	Energy Outreach Colorado Phone: 303-825-8750 Heat Help Line: 866-432-8435 www.EnergyOutreach.org
Energy Resource Center of Colorado Springs	This company serves Douglas and Elbert County residents for the 'Home Weatherization Program' sponsored by the Governor's Energy Office. ERC helps income-qualified people make their homes more energy efficient by providing free weatherization, and/or furnace and insulation services. Services are done to lower high energy bills and make one's home more comfortable.	Energy Resource Center of Colorado Springs 5920 Paonia Ct. Colorado Springs, CO 80915 Phone: 800-949-6444

UTILITIES / HEAT / PHONE / WATER continued		
Organization	Description	Contact Information
Low Income Energy Assistance Program - LEAP	Assists low income households with heating and winterization costs. All applications must be mailed to the LEAP office in the department of human services for your county for processing. Applications are processed from Nov 1 thru Apr 30. Visit the web site for qualifying criteria as well as applications. While waiting for funds, it is important to pay as much of the bill as possible, as any money received from LEAP will only cover a portion of your heating costs.	Low Income Energy Assistance Program - LEAP County Human Services Dept. https://cdhs.colorado.gov/leap LEAP Hotline: 866-432-8435 Douglas County: 303-688-4825 Fax: 855-830-3483
Public Utilities Commission - PUC	The consumer affairs office for the Colorado State Public Utilities Commission. They help with utility bill disputes.	Public Utilities Commission 1560 Broadway Suite 250 Denver, CO 80202 Phone: 303-894-2000 Toll Free: 800-456-0858 Fax: 303-894-2540 https://puc.colorado.gov/
Xcel Energy	Customers can prevent having their utilities shut off for lack of payment if they are in the process of applying for LEAP. In case of medical conditions, ask to speak to the Personal Accounts  Department. Ask about budget billing to help with delinquent bills, especially if you've promptly paid your bills in the past.	Xcel Energy Phone: 800-331-5262

VETERANS		
Organization	Description	Contact Information
Aid & Attendance and Housebound Benefits	Programs can help veterans, or their spouse, who require regular assistance with daily living. Wartime veterans, 65 years and older, and their surviving spouses, may be entitled to a tax-free benefit called Aid and Attendance provided by the Department of Veteran Affairs. The Benefit is designed to provide financial aid to help offset the cost of long-term care for those who need assistance with the daily activities of living such as bathing, dressing, eating, toileting, and transferring.	VA Denver Regional Office Phone: 800-827-1000 or Phone: 877-427-8387 Veterans Risk Line: 800-273-8255, #1 www.va.gov or www.americanveteransaid.com
Arapahoe/Douglas Works Workforce Center Veterans Services	Arapahoe/Douglas Works provides career assistance to men and woman who have served in the US Armed services and to other individuals who are eligible for veteran's preference. Services provided include priority in placement for employment and training as well as one-on-one assistance and special veterans' events.	Arapahoe/Douglas Works Workforce Center Veterans Services 6974 Lima St. Centennial, CO 80112 Phone: 303-636-1160 Email: veteranservices@adworks.org https://www.adworks.org/jobseekers/veteran-services/
Cohen Military Family Clinic	Provides confidential, compassionate mental health care to post 9-11 Veterans, National Guardsmen, Reservists and their families. Located at University of Colorado Anschutz Medical Campus. Confidential, compassionate, individually-tailored, evidence-based, flexible treatment to active duty service members, post-9/11 veterans and family members including spouse or partner, children, parents, siblings, caregivers and others in the veteran's immediate support system. Specialize in evidence-based treatments and work with families affected by all phases of deployment and other life stressors.	Cohen Military Family Clinic 7800 E. Orchard Road, Ste. 150 Greenwood Village, CO 80111 Phone: 303-724-4255 Email: info.cohenclinic@cuanschutz.edu https://www.coloradodepressioncenter. org/mfc/who-we-are/

VETERANS continued		
Organization	Description	Contact Information
Colorado Dept. of Military and Veteran Affairs	The official state web portal for military and veterans' services. Information includes how to obtain military records, employment opportunities and the veterans memorial cemetery.	Colorado Dept. of Military and Veteran Affairs 155 Van Gordon, Suite 201 (first floor) Lakewood, CO 80228 Phone: 303-914-5832 Email: cdvainfo@dmva.state.co.us https://vets.colorado.gov/
Colorado Division of Veterans Affairs Douglas County	CVA serves as a central source of information on veterans' benefits, rights, and issues. Call first for an appointment.	Colorado Division of Veterans Affairs Douglas County 301 Wilcox Street Castle Rock, C0 80109 Phone: 303-663-6200 https://vets.colorado.gov/services/count y-veterans-service-offices
Dental Care	Low income dental care sources for children, mentally ill, seniors and veterans. Offering discounted or free dental services. Please visit the web site for more information.	Dental Care https://mddsdentist.com/public- resources/low-income-dental-care/
Douglas County Veterans Monument Foundation	DCVMF is a non-profit that offers Veteran assistance grant program for all eligible Veterans. It can provide up to \$2,000 to Veterans living in Douglas County who are in desperate need of funds to pay for basic living expenses, including rent and mortgage assistance, utilities, and other bills. Online application via the web site.	Douglas County Veterans Monument Foundation Phone: 303-804-2797 4833 Front Street Unit B#433 Castle rock, CO 80109 www.dcvmf.org
Office of Veterans Affairs	Advocates for veterans and families, including families of fallen veterans. Staffed by military veterans to assist with applying for benefits, employment assistance, medical care, housing applications and other services such as transportation. Needbased financial assistance also available for rent, food, transportation, utilities and clothing. Open limited hours M-Th; call for exact hours.	Office of Veteran Affairs 301 Wilcox St. Castle Rock, CO 80104 Phone: 303-663-6200 https://vets.colorado.gov/

VETERANS continued		
Organization	Description	Contact Information
Onward to Opportunity (020)	Active duty, selected reserve, veterans, and military spouses learn business, technology and customer service skills to accomplish personal and professional goals after military service. FREE program combines industry-validated courses, strong partnerships, and comprehensive career coaching and employer relations services to match participants with civilian job opportunities. Online classes via Syracuse University.	Onward to Opportunity (020) Online through Syracuse University https://ivmf.syracuse.edu/programs/car eer-training/
Praying Hands Ranch Therapeutic Center	Committed to meeting the needs of handicapped children, adults, troubled youth and disabled veterans in a ranch environment therapeutic center. Our primary task is giving clients an opportunity to grow mentally, physically and emotionally strong, gain self-esteem, become independent, learn to care for others, be courageous enough to overcome fears and achieve a better quality of life overall. All new clients must complete the online prospective client registration form and call for more info.	Praying Hands Ranch 11892 E Hilltop Road Parker, CO 80138 Office: 303-841-4043 https://prayinghandsranch.org/
PTSD Program	The VA Eastern Colorado Health Care System has several programs to assist veterans providing both in-patient and outpatient care.	PTSD Program Clinical Team Phone: 303-399-8020, ext. 2835 Women's Stress Disorder Treatment Phone: 303-399-8020, ext. 3243 PTSD Residential Rehabilitation Program Intensive/Inpatient: Phone: 303-399-8020, ext. 3890
Samaritan House Grant & Per Diem Program	If you are a veteran in need of assistance, resources are available through the Grant and Per Diem Program at Samaritan House (Catholic Charities). Call the VA hospital for a referral to the program.  Call to obtain GPD Referral Letter: 303-294-6500 or 720-857-5037	Samaritan House Grant & Per Diem Program Ph: 720-799-9506 https://ccdenver.org/denver-samaritan- house

VETERANS continued		
Organization	Description	Contact Information
Veterans Crises Line	Free confidential support for Veterans in crisis and their families and friends. Providing a suicide prevention hotline, online Chat or Texting. Caring responders are specially trained and experienced in helping Veterans of all ages and circumstances. Confidential support 24/7/365 days a year.	Veterans Crisis Line Phone: 1-800-273-8255; Press 1 TEXT: 838255 www.veteranscrisisline.net
Veterans Financial Assistance / Housing Assistance	Helping veterans who are at risk of losing housing. Comprehensive programs to prevent and eliminate veteran's homelessness. Call and speak with a trained VA responder who can connect you with the resources the VA offers through these and many other programs.	Office of Veteran Affairs Veterans Financial Assistance / Housing Assistance Phone: 877-424-3838 Benefits: 800-827-1000 www.va.gov/homeless
Veterans Upward Bound	This program at Metropolitan State University helps veterans refresh academic skills and provide the confidence needed to successfully pursue a college degree or post-secondary vocational training program.	Veterans Upward Bound Phone: 303-615-0044 Email: veterans@msudenver.edu https://www.msudenver.edu/veterans/
Volunteers of America Support Services for Veterans' Families (SSVF)	Program seeks to prevent Veterans and their families from becoming homeless and to rapidly rehouse those who have lost their homes. It is the intention of Volunteers of America Colorado Branch to break the cycle of homelessness among Colorado's Veteran population. Tours of the building are available the first Tuesday of the month at 10 a.m. or 3 p.m. RESERVATIONS REQUIRED. Email info@voacolorado.org to make a reservation. Hours: M-F, 8 AM – 4 PM	Volunteers of America Support Services for Veterans' Families (SSVF) Bill Daniels Veteran Services Center 1247 Santa Fe Denver, CO 80204 Phone: 720-501-3367 E-mail: vsc@voacolorado.org https://www.voacolorado.org/gethelp-denvermetro-veterans